



**Crohn's and Colitis UK**  
**Annual Report and Accounts**  
**Year ended**  
**31<sup>st</sup> December 2013**

*Crohn's and Colitis UK*  
*is the working name for*  
*The National Association for Colitis and Crohn's Disease*

**Crohn's and Colitis UK, 4 Beaumont House, Sutton Road,  
St Albans, Herts, AL1 5HH**

**Charity registered in England and Wales No.1117148 and Scotland No. SC038632**  
**A company limited by guarantee in England & Wales: Company No. 5973370**

## Annual Report

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The Trustees of Crohn's and Colitis UK have pleasure in presenting their report and financial statements for the year ended 31 December 2013. The Charity is registered with the Charity Commission under registration number 1117148 and with the Office of the Scottish Charity Regulator under number SC038632. It is a Company Limited by Guarantee in England and Wales with Company No. 597337. Crohn's and Colitis UK operates in England, Northern Ireland, Scotland and Wales. Details of Trustees, Officers, senior staff and committee members who served in 2013 are set out on pages 15 and 16.

This report represents a Directors Report as required by S417 of the Companies Act 2006.

## An Introduction from our Chair

Dear Members,

It is my pleasure to present to you our Annual Report and Accounts for the year ended 31<sup>st</sup> December 2013.

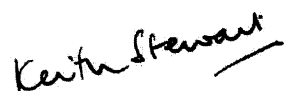
2013 has been a year of considerable change in the management of the Charity. We said goodbye to Richard Driscoll after 21 years at the helm and welcomed David Barker as the new Chief Executive. Inevitably, change brings uncertainty and I would like to thank all members of staff and the Senior Management Team for their forbearance during 2013.

We have used the year to take stock of our current activities and build a programme for change which we have entitled 'Building on Success', which you will hear more about as we go through 2014. Change also brings with it excitement, a renewed sense of energy and purpose, and we are looking forward to taking the charity on the next important steps of its development over the coming year and beyond.

At this years' AGM we will also be saying goodbye to two of our long standing trustees – Martin Gay and Stuart Berliner. It would be remiss of me not to take this opportunity to formally thank them for their contribution to the Charity over the 9 years that they have served as Trustees.

You will see from this report that things have continued to move forward. We have continued to fund Research – via our Medical Research Awards, our Living with IBD awards, and have continued to provide much needed financial support to members via the personal grants. We have added new walks and marathons to our portfolio of events, we were the Charity of the Year for the Bank of England, and we won the Communiqué Award for "Excellence in Communication of Survey or Market Research Data".

Well done and thank you to everyone who has contributed to our success.



Keith Stewart  
Chairman

## Our Strategic Aims and Objectives

During 2013 we have taken the opportunity to revisit our strategic aims and objectives and as a result, in 2014 we intend to publish a refreshed strategy for the organisation. For the purpose of this annual report we have reported a selection of outcomes of our work under the strategic aims of:

Inform; Support; Research; Influence

### Inform

*To raise awareness, increase knowledge, improve understanding and encourage involvement by communicating consistently and appropriately with our stakeholders and the general public.*

#### Providing Information

The number of emails that our helplines and information team have received and responded to is continuing to increase, with an overall increase in 2013 of 9%. We met our target for responding to emails, with 80% of responses being sent within three working days, and 96% within five working days.

#### Website and Social Media

The most significant development in 2013 was the launch of our new website. This was launched in July with new and updated content, a more engaging appearance and much-improved accessibility to information and support. Page views were 69% higher in the six months following the launch than in the six months preceding it.

Since its launch in July 2013, over 76,000 copies of our information sheets and booklets have been downloaded from the new Crohn's and Colitis UK website.

In December 2013 we introduced the first of our redesigned booklets – an updated edition of 'Crohn's Disease'. Nearly 3,000 copies were downloaded within the first month.

We have also worked hard on a programme to reach out to more people via our social media channels predominately via Facebook and our Twitter feed.

#### Media Awareness

2013 was a record-breaking year in PR terms. Despite generating a similar amount of media items we were successful in generating greater national coverage resulting in a 25% increase in the overall reach of our media work.



Rylan Clark was appointed a Charity Champion and helped the 2013 PR campaign, Me and IBD, to achieve significant national and local media and social media coverage.

## Support

*To provide a safe environment to share concerns or experiences and offer practical, emotional and financial assistance so that people are better supported and less isolated.*

## Membership

**Introduction of new membership categories** – in April 2013 we introduced two new membership categories.

- **Student membership** - available to anyone who is in full-time higher education and is free of charge. 450 members have either transferred or are new to this category.
- **65 and over membership** - free for the lifetime of the membership. 1,000 members have either transferred or are new to this category.
- **A local group initiative** to encourage newly diagnosed patients to become members was set up with the help of a local hospital some while ago; funds were allocated to pay for membership. On the strength of this scheme we have been approached by a gastroenterologist who is hoping that his hospital will fund something similar, enabling us to raise greater involvement within hospitals, together with awareness, not to mention membership.
- **A membership survey** was undertaken to help us gauge how members felt we were doing with regard to the support and benefits they were receiving. We had a good response with some very helpful feedback. This will be used as part of a wider look at how we take forward our membership offering.

## Helplines

- During 2013, we launched a new 'Helplines Handbook'. The handbook has been developed to support staff and volunteers who are involved in the delivery of Crohn's and Colitis UK's helpline services. The handbook includes a wide variety of topics and will ensure that our volunteers have access to the information they need, when they need it. This will help us to further increase the effectiveness of the service we provide to our callers.
- We successfully recruited new volunteers to all three volunteer-led helplines during 2013. For the first time, we arranged training to take place on the same weekend, with some sessions being attended by volunteers from all three services. In our evaluation of the training weekend it was clear that many of our volunteers

appreciated an opportunity to spend time together. For many of these volunteers it was the first time that they had met others affected by IBD; many of these volunteers have kept in touch with each other after the training, which has been very positive in reducing their sense of isolation.

## **Family Network**

- For the last 19 years, families have enjoyed activity days arranged by Family Network England (formerly Smilie's Network). The aim of the Family Network is to build on the success of these days and to reach out to a much wider area. The first stage of this exciting development was the launch of Family Network Scotland in April 2013.
- Each group will run two or three activities a year giving families the chance to meet up, share experiences, develop friendships and have some fun wherever they may live.
- In order to bring together each of the areas, the Family Network will also run a Family Activity Weekend every two years; the first to take place in October 2014.

## **Summer Camp**

- Held at Rock UK in Northamptonshire on between 26<sup>th</sup> and 28<sup>th</sup> July, the weekend gave the opportunity for 8 young people aged between 14-17 to meet other young people with IBD, whilst along with some workshops they also participated in activities such as kayaking, mountain biking, fencing, abseiling.

## **Me and IBD Strategies for Living**

- Four pilot weekends took place in Liverpool, Edinburgh, Chelmsford and Cardiff offering the opportunity for 43 young adults aged between 18 and 25 to spend a weekend where they explored what it means to live with Inflammatory Bowel Disease (IBD).

## **Influence**

***To achieve better care, services and opportunities responsive to the needs and values of people living with Crohn's and Colitis by influencing policy makers, health professionals, commissioners and service providers.***

- **UK IBD Standards** – we continue to lead the UK IBD Standards Group to drive up standards of care for people with IBD. In collaboration with the British Society of Gastroenterology, Royal College of Nursing, Royal College of Physicians and others, we updated the UK IBD Standards taking into account of recent developments in health policy ahead of NICE's work to develop Quality Standards for Inflammatory Bowel Disease. These were launched at a reception for 100 guests in the House of Lords in October 2013, with a key-note address from NHS England National Clinical

Director for G.I and Liver Disease Dr. Michael Glynn. Work is now underway to disseminate the Standards to Clinical Commissioning Groups and to improve care quality locally.

- **Prescription Charges** – We currently chair a powerful coalition of over 30 charities calling for free prescriptions for people with long term health conditions. We have brought the impact of these unfair charges on people with long-term conditions in England up the political agenda. In March 2013 we launched a significant new report, examining the impact of charges on people living with long term conditions. A campaign action led to over 3,000 people writing to their MP, and meetings were held with senior politicians to raise their awareness of the detrimental impact of these charges on patients.
- **Welfare reform** – Crohn's and Colitis UK, along with a number of other influential patient organisations, saw the conclusion of the high-profile Department for Work and Pensions *Evidence Based Review* to examine the effectiveness of the Work Capability Assessment (WCA) for people with fluctuating, long-term conditions. This project has involved close collaboration with DWP officials since May 2012. The Charity is now awaiting the Government's response to the review and aims to continue working collaboratively with the Department to improve the WCA for people with IBD.
- **Devolved Nations** – The charity has received funding from the Scottish Government to lead a multi-stakeholder group in taking the UK IBD Standards forward in Scotland. We have also engaged with the professional associations, patient panel and politicians in Wales to highlight the need for a gastroenterology delivery plan for IBD in Wales.

## Research

***To initiate or fund innovative research which reflects the priorities of people affected by IBD into aspects of living with Crohn's and Colitis, improved healthcare and the search for better treatments and ultimately find a cure.***

### Medical Research Awards 2013

**Dr. Paul Ames - Queen Mary University of London**

"Acquired Prothrombotic Dysfibrinogenaemia in Inflammatory Bowel Disease - a pilot study"  
- £4,000 for 6 months

**Dr. Barry Campbell - University of Liverpool**

"Identifying intestinal receptors for Crohn's *Escherichia Coli*" - £78,000 over 18 months

**Dr. Alessandra Geremia - John Radcliffe Hospital**

"Characterisation of innate lymphoid cells in intestinal pathophysiology" - £50,000 over 24 months

**Dr. Marcus Harbord - Chelsea and Westminster Hospital**

"Metabolic signatures associated with IBD: using the National twin registry to identify prospective markers of disease" - £5,000 over 24 months

**Dr. James Lindsay - Barts and the London School of Medicine**

"Disrupting Vδ2T - cell function in the gut: a novel approach to therapy in early stage Crohn's Disease" - £60,000 over 12 months

## **Living with IBD Research Awards 2013**

**Dr. Anna Madill - University of Leeds**

IBD and Mums to be: Transition to motherhood with IBD - £80,000 over 36 months.

**Mrs. Mariyana Schoultz, University of Stirling**

The use of Mindfulness Based Cognitive Therapy (MBCT) for improved quality of life for Inflammatory Bowel Disease patients. A protocol for pilot randomised controlled trial with embedded process evaluation - £7,840 over 18 months.

**Dr. Christopher Calvert and Dr. Andrew Robinson - Salford Royal Foundation NHS Trust**

A randomised controlled study assessing the impact of a web-based care packages. "My IBD portal" designed to support self management in adults with Inflammatory Bowel Disease - £115,000 over 24 months.

## **Raising Funds**

None of our work would be possible without the amazing support of our volunteers, fundraisers and supporters. In 2013 we grew our income by 15% (excluding legacy income). Specific Highlights included:

- **Local Groups** – continue to be great source of awareness, support and income. In 2013 our Groups raised £273,483 towards the work of the charity.
- **Charity of the Year** – Thanks to one of our members, Emma Jackson, we were delighted to be a Bank of England Charity of the Year. More than £40,000 was donated as a result.
- **Walks** - We saw a welcome increase in the number of walkers taking part in our National Walks which bring supporters together to raise funds and awareness while having great days out – Rutland 424 (297 in 2012), York 386 (298 in 2012) and London 718 (556 in 2012). Gross income reached £88,732 (£68,736 in 2012).
- **Our Red Hot for Research Raffle** proved to be more than a one-hit-wonder, grossing over £68,000.

- **Corporate Supporters** - We welcomed new members to our Corporate Supporter Scheme. Olympus Keymed became Gold Supporters and Otsuka became Bronze Supporters, joining Abbvie (Gold); Dr Falk (Gold); Shire Pharmaceuticals (Gold); Vifor Pharma (Gold); Warner Chilcott (Gold); Ferring Pharmaceuticals (Silver) and Tillotts Pharma UK Ltd (Bronze).

## Financial Report

The Accounts for 2013 are in the format required by the Charity Commissioners – the Statement of Recommended Practice (SORP 2005). This calls for the classification of Crohn’s and Colitis UK funds using the following terms:

**Restricted funds** – refer to income that has been specified for a particular purpose by the donor e.g. Research and Personal Grant Funds;

**Unrestricted funds** – refer to donations, grants or other income that has not been specified for a particular purpose by the donor;

**Designated funds** – refer to unrestricted income that the Trustees have decided to allocate for specific purposes; such funds may subsequently be reallocated by the Trustees.

The figures in the following paragraphs are taken from the Consolidated Statement of Financial Activities (‘the SOFA’) and from the Notes to the Accounts.

### Overall position

The financial result for the year is shown in the Consolidated Statement of Financial Activities and represents the total income, expenditure and resources relating to all activities in the year, being the work of the Charity at national level, local groups and the contribution from the trading company, NACC Merchandise Ltd.

In 2013 there was an overall surplus of £151,634 (2012: Surplus £691,986), the large surplus in 2012 being due to exceptionally high receipts from legacies.

### Funds

#### Restricted Funds

These funds have been given for specific aspects of Crohn’s and Colitis UK work and cannot be utilised to respond to a shortfall in operating Income. The figures discussed in the following paragraphs are drawn from Notes 11 and 23 to the Accounts.

## **Research Fund**

Donations and investment income received to the national fund were £208,369 for the year. Groups fundraising activities raised an additional £16,309. Resources expended were £433,898, (2012: £438,150). The total carried forward to 2013 is £336,285, being £297,970 in the national restricted fund and £38,315 in local restricted funds. Grants awarded in 2013 for Medical Research amounted to £197,000 and Living with IBD Research totalled £202,840.

## **Welfare Fund for Personal Grants**

Grants are made by the Personal Grants Panel to individuals who have a particular need. The maximum level of grant in 2013 was £500. Total grants were made during the year amounting to £97,208 (2012: £75,337). Crohn's and Colitis UK received £11,176 in donations and investment income for the Personal Grants Fund (2012: £12,448).

The Trustees have transferred the sum of £86,165 from unrestricted funds to ensure that personal grants can continue at the same level in 2014. The fund carried forward to 2014 is therefore £80,000.

## **Unrestricted and designated funds**

The figures discussed in the following paragraphs are drawn from the SOFA and Notes 15 and 22 to the accounts. Designated funds have been created to hold money set aside by the Trustees for particular purposes. These are to support projects or developments not included within the Association's normal annual budget, to cover any potential liabilities arising from the office lease, to meet the annual depreciation costs of the capital expenditure on premises and equipment, and to hold unrestricted legacy funds.

The Trustees' policy is to maintain a clear distinction between ongoing expenditure, which they aim to cover from dependable sources of income, and 'one-off' projects or new developments, which are funded from special fundraising or from legacy income that may vary unpredictably from year to year. Total unrestricted income from the combined national and Group activities was £2,889,858 (2012: £3,012,043). Expenditure was £2,482,127 (2012: £2,222,136) resulting in an operating surplus (after a transfer to restricted funds) of £121,566 (2012: surplus £789,907) overall.

The total of unrestricted funds carried forward to 2014 is £2,451,563. Of this some £874,219 is held in the General Reserve Fund which covers 22 weeks operating costs.

## **Cost of generating funds**

One indicator of a Charity's efficiency is seen as the cost of generating funds as a percentage of total incoming resources. In 2013 this was 14.29% (2012: 14.13%)

## **Reserves Policy**

The Reserves Policy implemented in 2012, has continued in 2013 providing reserves level up to a maximum of 26 weeks.

The Charity benefits from legacies from members and supporters. These can be restricted or unrestricted and the amounts to be received are very unpredictable. The Trustees budget for £250,000 in unrestricted legacy income but, if possible, set aside that amount into a designated legacy holding fund to cover the risk that legacy income in the following year will be lower than budgeted. Once the legacy target has been reached the funds in the legacy reserve are released for investment in new projects or the development of the Charity's existing activities.

## **Gift Aid**

For 2013, the Trustees allocated the Gift Aid claimed from subscriptions and donations to the General, Research and Welfare Funds in the same proportion as the funds to which members directed their donations.

## **Investments and Property**

Some £3.2m is placed in high-interest-bearing Deposit Accounts with the Bank of Scotland, Clydesdale Bank and Close Brothers, (2012: £2.9m).

Crohn's and Colitis UK has a 15-year lease, ending September 2015, on its first floor accommodation in St Albans, which is held in the name of NACC Nominees Ltd. The Directors of NACC Nominees Ltd are the Trustees of Crohn's and Colitis UK. In 2011, the Charity took additional premises on the ground floor which will be held on an 8-year lease with a break option in 2015. An option to extend the first floor lease by an additional three years has been confirmed.

## **Grant-making Policies**

### **Research Grants**

Grants for Medical and 'Living with IBD' Research are made following nationally-publicised advertisements. Applications are considered by members of the Awards Committees, comprising academic and medical specialists as well as lay representatives. External specialist referees are asked to comment confidentially on applications. Crohn's and Colitis UK has been awarded a Certificate of Good Practice for its peer-review procedures by the Association of Medical Charities. Grants are normally made for periods of up to three years, with reports required at annual intervals. Funds are normally set aside for the total cost of the project in the year of award. Health Services Research is normally commissioned taking advice from relevant academic and health professional experts to provide peer review.

## **Personal Grants**

Personal grants are made from the Welfare Fund and are decided by a small committee of members including two Trustees. Grants are made to people on low incomes and with specific needs arising from IBD. The normal maximum grants are £300 under the general scheme and £500 for educational or vocational support for young people

## **Local Grants**

Local Groups can make grants to their local hospitals to support or enhance aspects of provision for IBD patients. Grants have to be made according to the policy guidelines approved by the Trustees and cannot be made for items that should be NHS funded. Group grants have to be specifically approved and a matching amount given to national funds.

## **NACC Merchandise Ltd**

NACC Merchandise Ltd recorded a net operating profit for the year of £1,461 (2012: £7,833). The main activity of the company continues to be the sale of Christmas Cards to members through mail order although additional merchandise items are being made available. As is customary the surplus for the year was gift aided to the main charity to avoid any corporation tax liability.

## **Risk Assessment**

The Trustees, with input from the Chief Executive and staff, have conducted a review of the risks to which the Charity is exposed in its ongoing activities and, in particular, the Trustees considered:

- the type of risks the Charity faces;
- the level of risks which they regard as acceptable;
- the likelihood of the risks concerned materialising;
- the Charity's ability to reduce the incidence and impact of risks that have been identified;
- the costs of operating particular controls relative to the benefit obtained.

The Trustees review risks in relation to any new developments proposed and Committees and management are required to conduct at least annual reviews of the areas for which they are responsible.



## **Governance**

### **Constitution**

The National Association for Colitis and Crohn's Disease (NACC) was a charitable, unincorporated association registered in England and Wales under Charity no. 282732. Since 2006 the Charity has been a Company Limited by Guarantee in England and Wales (5973370) and is a Charity registered in England and Wales no. 1117148 and in Scotland no. SCO38632.

It is governed by its Articles of Association dated 19<sup>th</sup> October 1996.

### **Trustees**

The constitution provides for a Board of Trustees consisting of four honorary officers plus not less than three and not more than eight ordinary trustees, elected at the annual general meetings of members. Members who express an interest in being nominated for election as a Trustee have a meeting with the Trustees to ensure they are aware of the responsibilities and requirements of the role before nomination takes place. Once elected, individual inductions are arranged according to the Trustees' experience. The Trustees have the power to co-opt Advisers as non-voting members of the Board and to appoint a number of committees. A full list of Trustees and Committees is given at the end of this Report. The Trustees are responsible for determining the aims, policies, activities and budget of Crohn's and Colitis UK. Staff, led by the Chief Executive, report to the Trustees. Staff are responsible for advising the Trustees and carrying through the policies and activities in accordance with the approach and budget determined by the Trustees.

### **Objects**

The Charity's objects as set out in its constitution are:

- The relief of those suffering from Ulcerative Colitis, Crohn's Disease or related inflammatory bowel diseases (together generally referred to as IBD) including the support of those who care for them;
- The promotion of the welfare of those suffering from IBD;
- The advancement of education and research into the causes, prevention, treatment and cure of IBD and improvements in the management of the conditions, and the publication of the results of such research.

The objects are fulfilled through the aims, strategies and activities expressed in the Strategic Plan published in 2013. In the furtherance of these objects, the Directors, as the Charity Trustees, have complied with the Charities Act 2011 to have due regard to the Charity Commission's published general and relevant sub-sector guidance concerning the operation of the public benefit requirement under that Act. It should be noted that all of the Charity's services are open to non-members to use as well as members.

## Acknowledgements

The Trustees would like to record their thanks and appreciation to all those who continue to make the Charity's work possible - the many people who individually or in Groups who have raised funds for Crohn's and Colitis UK, the charitable trusts and companies who have given their support, the volunteers in our Groups and support services, those who support the Charity's activities or serve on our committees, our medical advisors and, not least, the Chief Executive, Senior Managers and staff at the office in St. Albans.

Advantage has been taken of the exemptions available to small charities in the preparation on this report.

Approved by the Trustees and authorised to be signed by the Chairman on their behalf.

A handwritten signature in black ink that reads "Keith Stewart". The signature is written in a cursive style and is underlined with a single horizontal stroke.

Keith Stewart  
Chairman

## **Board of Trustees, Officers, Senior Management Team and Committees**

From 1<sup>st</sup> January 2013 to the date of signing of this Report and Accounts, the Honorary Officers, Trustees, Senior Management Team and committee members were as follows:

### ***Life President***

Professor John Lennard-Jones

### ***Vice-Presidents***

Margaret Chandler

Rod Mitchell

Bradley Brown

Elaine Steven

### ***Board of Trustees - Honorary Officers***

Keith Stewart (*Chairman*)

Dr Martin Gay (*Vice-Chairman*)(retired June 2014)

Tim Mutum (*Honorary Secretary*)

Alan Thackrey (*Honorary Treasurer*)

### ***Board of Trustees - Elected Trustees***

Stuart Berliner (retired June 2014)

Sarah Bradley (from April 2013)

Denise Cann (retired April 2013)

Susan Cherrie (from June 2014)

John Clarke (retired April 2013)

Mike Hilton (retired April 2014)

Deborah Hodges

Caroline Silke (from June 2014)

Kati Simpson (appointed Vice-Chair June 2014)

John Stanley

### ***Board of Trustees – Co-opted Advisers***

Professor David Rampton

Dr Jeremy Sanderson (until June 2013)

Professor Chris Probert

Dr. Barney Hawthorne (from June 2013)

### ***Member Involvement and Volunteering Committee***

Mike Hilton (*Chairman*)

Barbara Harvey (*Vice-Chairman*)

Arron Gill

Nancy Greig

David Barker (from February 2013)

Bev Loczy

Heather Baumohl

Kathryn Pridmore

Alan Thackrey

### ***Senior Management Team***

David Barker, Chief Executive (from February 2013)

Heather Baumohl, Director of Member Involvement & Volunteering

Suzi Clark, Director of Marketing & Fundraising  
Helen Terry, Director of Information and Support  
Caroline Hardy, Director of Finance & Administration (resigned August 2014)

### ***Information and Support Committee***

Tim Mutum (*Chairman*)

Bradley Brown

Denise Cann

Rebecca Fisher

Deborah Hodges

Judy Murphy

Professor Tim Orchard

Glenys Davies

Sarah Bradley

Elizabeth Evans

David Barker (from February 2013)

Helen Terry

Dr. John Hamlin

### ***Public Affairs Committee***

Dr Martin Gay (*Chairman*)

David Barr

Mike Hilton

Kiron Kurien

Azmina Verjee

David Barker (from February 2013)

Heather Baumohl

Peter Canham

Philip Reynolds

Helen Terry

### ***Personal Grants Panel***

Bradley Brown (*Chairman*)

Denise Cann

Melissa Fletcher

Dr Martin Gay

Stella Leigh

Julia Devereux (*Secretary*)

Helen Terry

### ***Crohn's and Colitis Support Managing Team***

Deborah Hodges (*Chairman*)

Bruce Boyd

Denise Cann

Peri Gillespie

Laura Hawes

Samantha Edmundson

Elina Bloomfield

Helen Terry

**Marketing and Fundraising Committee**

John Stanley (*Chairman*)  
Stuart Berliner  
Berkeley Greenwood  
Carolyn Smith  
David Barker (from February 2013)  
Suzi Clark

**Health Professional Advisers Panel**

Dr Jeremy Sanderson (*Chairman*) (to April 2013)  
Professor David Rampton (*Vice-Chairman*)(*Chair from April 2013*)  
Professor Chris Probert (*Secretary*)(*Vice Chair from April 2013*)  
Dr Barney Hawthorne (*Secretary*) (from April 2013)

**Medical Research Awards Panel**

Professor David Rampton (*Chairman*) (until April 2013)  
Professor Jon Rhodes (from April 2013)  
Dr Tim Card (until April 2013)  
Professor John Cummings (until April 2013)  
Professor Andrew Hart (from April 2013)  
Alan Dearlove  
Dr Martin Gay  
Dr Barney Hawthorne  
Professor Yash Mahida  
Bharat Odedra  
Dr Jeremy Sanderson  
Douglas Smallwood  
Dr Andrew Stagg  
David Barker (from February 2013)

**Living with IBD Research Awards Panel**

John Clarke (*Vice Chairman*) (until Sept 2013)  
Denise Cann  
Dr Peter Irving  
Dr Anna Madill (*Chairman*)  
Lynne Marriott  
Professor Susan McLaren  
Professor Christine Norton  
Dr.Sneh Shah  
Professor Tricia Sloper  
Dr Gillian Thomas (*Independent Peer Reviewer*)  
Helen Terry  
Emma Livesey

**NACC Merchandise Ltd**

Alan Thackrey (*Director*)  
David Barker (from November 2013)  
Caroline Hardy (resigned August 2014)

**Solicitors**

Bates, Wells & Braithwaite  
2-6 Cannon Street  
London EC4M 6YH

**Auditors**

Williamson Morton Thornton LLP  
45 Grosvenor Road,  
St. Albans  
Herts AL1 3AW

**Bankers**

Lloyds TSB plc  
36 Chequer Street  
St Albans  
Herts AL1 3YQ

Bank of Scotland  
Beauclerc House  
3 Queens Road  
Reading  
RG1 4AR

Clydesdale Bank  
4<sup>th</sup> Floor  
Verulam Point  
Station Way  
St Albans  
AL1 5HE

Close Brothers Treasury  
10 Crown Plaza  
London EC2A 4FT

**NATIONAL ASSOCIATION FOR  
COLITIS AND CROHN'S DISEASE**

**Company Number 5973370  
English Registered Charity No. 01117148  
Scottish Registered Charity No. SC038632**

**FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED**

**31st DECEMBER 2013**

# **National Association for Colitis and Crohn's Disease**

## **Trustees' Responsibilities**

The trustees (who are also directors of Colitis and Crohn's Disease for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice.)

Company law requires trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006 and the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. They are also responsible for safeguarding the assets of the charitable company and the group and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

# **Independent Auditors' Report to the Trustees and Members of the National Association for Colitis and Crohn's Disease**

We have audited the financial statements of National Association for Colitis & Crohn's Disease for the year ended 31st December 2013 which comprise the Consolidated Statement of Financial Activities, the Consolidated and Charity Balance Sheets and the related notes numbered 1 to 25. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006; and to the charity's trustees, as a body, in accordance with Section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005, and in respect of the consolidated financial statements, in accordance with Chapter 3 of Part 8 of the Charities Act 2011. Our audit work has been undertaken so that we might state to the charitable company's members and trustees those matters which we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to any party other than the charitable company, the charitable company's members, as a body, and the charity's trustees, as a body for our audit work, for this report, or for the opinions we have formed.

## **Respective responsibilities of trustees and auditor**

As explained more fully in the Trustees' Responsibilities Statement, set out on page 18, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

We have been appointed as auditor under Section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005, the Companies Act 2006 and Section 151 of the Charities Act 2011 and report to you in accordance with regulations made under those Acts. Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

## **Scope of the audit of the financial statements**

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the group's and the parent charitable company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the trustees; and the overall presentation of the financial statements. In addition we read all the financial and non-financial information in the Trustees annual report to identify material inconsistencies with the audited financial statements and to identify any information that is apparently materially incorrect based on, or materially inconsistent with, the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

## **Opinion on the financial statements**

In our opinion the financial statements:

- give a true and fair view of the state of the group's and the parent charitable company's affairs as at 31 December 2013 and of the group's incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and

# Independent Auditors' Report to the Trustees and Members of the National Association for Colitis and Crohn's Disease

- have been prepared in accordance with the the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005, regulations 6 and 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and the Charities Act 2011.

## Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Trustees' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements.

## Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006, the Charities Accounts (Scotland) Regulations 2006 (as amended) and the Charities Act 2011 require us to report to you if, in our opinion:

- the parent charitable company has not kept adequate and sufficient accounting records, or returns adequate for our audit have not been received from branches not visited by us; or
- the parent charitable company's financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption from the requirement to prepare a strategic report or in preparing the Trustees' Annual Report.

*WMT*

Elizabeth Irvine  
Senior Statutory Auditor  
*For and on behalf of*

19th September 2014

WMT  
Chartered Accountants  
Statutory Auditor

2nd Floor  
45 Grosvenor Road  
St Albans  
Hertfordshire  
AL1 3AW

Williamson Morton Thornton LLP is eligible to act as auditor in terms of Section 1212 of the Companies Act 2006.



**National Association for Colitis and Crohn's Disease**  
**Consolidated Statement of Financial Activities**  
**Including Income and Expenditure Account**  
**For the year ended 31st December 2013**

	Note	Unrestricted funds (inc. designated funds note 22) £	Restricted funds £	Total funds 2013 £	Total funds 2012 £
<b>Incoming resources</b>					
Incoming resources from generated funds					
Voluntary income:					
Donations and similar income	2	440,790	164,901	605,691	567,600
Legacies	2a	310,544	66,628	377,172	1,049,428
Activities for generating funds	3	1,460,643	104,599	1,565,242	1,216,136
Investment income and interest	4	57,191	14,254	71,445	64,588
Incoming resources from charitable activities	5	620,690	106,315	727,005	736,107
<b>Total incoming resources</b>		<b>2,889,858</b>	<b>456,697</b>	<b>3,346,555</b>	<b>3,633,859</b>
<b>Resources Expended</b>					
Cost of generating funds		470,574	7,737	478,311	513,525
Charitable activities					
Grantmaking		15,392	690,077	705,469	731,712
Information line, booklets and newsletters		589,613	7,272	596,885	499,541
Raising awareness		319,042	-	319,042	221,997
Policy & Campaigns		148,526	6,698	155,224	138,715
Groups & volunteering		522,323	1,000	523,323	439,318
Membership costs		240,077	-	240,077	222,155
Governance		176,580	-	176,580	174,910
<b>Total resources expended</b>	6	<b>2,482,127</b>	<b>712,784</b>	<b>3,194,911</b>	<b>2,941,873</b>
<b>Net incoming resources before transfers/ net income/ (expenditure) for the year</b>		<b>407,731</b>	<b>-256,087</b>	<b>151,644</b>	<b>691,986</b>
Transfers between funds	15	-286,165	286,165	0	0
<b>Net movement in funds for the year</b>		<b>121,566</b>	<b>30,078</b>	<b>151,644</b>	<b>691,986</b>
Fund balances brought forward at 1st January 2012		2,329,997	692,920	3,022,917	2,330,931
<b>Fund balances carried forward at 31st December 2013</b>		<b>2,451,563</b>	<b>722,998</b>	<b>3,174,561</b>	<b>3,022,917</b>
		Note 22	Note 23		

All gains and losses arising in the year are included in the Statement of Financial Activities and arise from continuing operations.

The net incoming resources of the Charitable Company for the period was £150,173 (2012 : £685,769).

**National Association for Colitis and Crohn's Disease**  
**Balance Sheets at 31st December 2013**

	Note	Group*		Charity	
		2013 £	2012	2013 £	2012
<b>Fixed assets</b>					
Tangible assets	16	117,287	146,289	117,287	146,289
Investment	17	-	-	1	1
		<u>117,287</u>	<u>146,289</u>	<u>117,288</u>	<u>146,290</u>
<b>Current assets</b>					
Stock of goods for resale		34,280	38,629	-	-
Debtors	18	281,133	252,676	345,139	299,255
Cash at bank and in hand	19	3,923,986	3,767,922	3,865,934	3,729,285
		<u>4,239,399</u>	<u>4,059,227</u>	<u>4,211,073</u>	<u>4,028,540</u>
<b>Creditors: amounts falling due within one year</b>	20	<u>(1,020,701)</u>	<u>(995,746)</u>	<u>(1,009,518)</u>	<u>(982,203)</u>
<b>Net current assets</b>		<u>3,218,698</u>	<u>3,063,481</u>	<u>3,201,555</u>	<u>3,046,337</u>
<b>Total assets less current liabilities</b>		<u>3,335,985</u>	<u>3,209,770</u>	<u>3,318,842</u>	<u>3,192,627</u>
<b>Creditors: amounts falling due After one year</b>	20	<u>(161,424)</u>	<u>(186,853)</u>	<u>(161,424)</u>	<u>(186,853)</u>
<b>Total net assets</b>		<u><u>3,174,561</u></u>	<u><u>3,022,917</u></u>	<u><u>3,157,418</u></u>	<u><u>3,005,774</u></u>
<b>Funds</b>					
<b>Unrestricted funds</b>	22				
Designated funds held nationally		1,397,152	1,262,507	1,397,152	1,262,507
General Reserve Fund held nationally		874,219	903,315	874,219	903,315
Unrestricted funds held by Groups		163,049	147,032	163,049	147,032
Non charitable trading funds		17,143	17,143	-	-
<b>Total unrestricted funds</b>		<u>2,451,563</u>	<u>2,329,997</u>	<u>2,434,420</u>	<u>2,312,854</u>
<b>Restricted funds</b>	23				
Held nationally		543,795	543,486	543,795	543,486
Held by Local Groups		179,203	149,434	179,203	149,434
<b>Total restricted funds</b>		<u>722,998</u>	<u>692,920</u>	<u>722,998</u>	<u>692,920</u>
<b>Total funds</b>		<u><u>3,174,561</u></u>	<u><u>3,022,917</u></u>	<u><u>3,157,418</u></u>	<u><u>3,005,774</u></u>

The accounts, which comprise the consolidated statement of financial activities, the balance sheets and the related notes, were approved by the Board of Trustees on 23rd May 2014 by:



Keith Stewart

Chairman

Company Number : 05973370  
English Charity Number : 01117148  
Scottish Charity Number : SC038632

\*Group represents the consolidation of the charity with its trading company.

# National Association for Colitis and Crohn's Disease

## Notes to the Accounts

### For the year ended 31st December 2013

#### 1 Accounting policies

##### **Basis of accounting**

The accounts have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice for Charities "Accounting and Reporting by Charities" (2005), the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and applicable accounting standards.

##### **Group financial statements**

These financial statements consolidate the results of the charity and its wholly owned trading subsidiary NACC Merchandise Limited, on a line by line basis. A separate statement of financial activities (SOFA) is not presented because the charity has taken advantage of the provisions of paragraph 397 of the SORP.

##### **Local Groups**

The charity had 70 local groups that were active to some degree during the year. All active groups are required to make returns of income and expenditure for the year which are consolidated in the financial statements. By the nature of the charity, however, the deadline for returns to be received cannot always be met which means that some results are omitted, and some groups are inactive. Returns had not been received from 3 of the groups at the time of the audit.

##### **Income**

- i) All income is included in the accounts without netting off expenditure
- ii) Members' subscriptions are taken to income in full in the year of receipt.
- iii) Investment income is taken to income when received and then allocated annually to the various funds in proportion to their average balance throughout the year.
- iv) Donations received are treated as unrestricted funds unless they are specifically designated by the donor for either research or the welfare of sufferers, in which cases they are kept in the separate funds. All donations received "in memory" are treated as research unless the donor specifies otherwise.
- v) Legacies are included in the financial statements as soon as their receipt can be anticipated with a high degree of certainty. This frequently coincides with the funds being received.

##### **Expenditure**

- i) Expenditure is charged on an accruals basis.
- ii) The full cost of booklets, leaflets etc. is charged in the year the expenditure is incurred.
- iii) Research grants are charged to expenditure at the time they are allocated.

Grants are allocated to cover the cost of equipment and/or the salaries of research staff.

The majority of grants, which can be for more than one year, are paid quarterly in arrears. For administrative reasons it can take some time for the grantee to appoint suitable staff and consequently some grants may remain partly unpaid at the year end.

Full provision is made for amounts allocated but not yet paid and this provision is shown as a creditor falling due within one year and after one year.

- iv) The majority of costs are directly attributable to specific activities. Costs incurred in respect of the charitable activities include elements of staff costs and attributable support costs.
- v) Support costs are those costs which are common to all areas of the organisation including premises and office operating costs. These are allocated across all areas of activity on the basis of staff time spent on each activity.
- vi) Governance costs include both the direct costs of the charity meeting its statutory obligations and a portion of officer and overhead time spent on the strategic direction of the organisation and compliance with constitutional and statutory requirements.
- vii) Irrecoverable VAT has been analysed and apportioned across the costs to which it relates.

# National Association for Colitis and Crohn's Disease

## Notes to the Accounts

### For the year ended 31st December 2013 (continued)

#### 1 Accounting policies (continued)

##### Stocks

Stocks of goods for resale are valued at the lower of cost and net realisable value.

##### Capitalisation and depreciation of tangible fixed assets

All assets costing more than £1,000 are capitalised at the cost to the charity.

With the exception of leasehold improvements, depreciation is provided in respect of fixed assets at a rate of 25% per year which rate it is believed fairly reflects the average estimated life of the charity's assets. Leasehold improvements are depreciated over the life of the lease.

##### Fixed asset investments

Fixed asset investments are included at market value at the balance sheet date. Any gain or loss on revaluation is taken to the SOFA.

##### Pension Contributions

The charity makes contributions for employees to a group personal pension scheme. This is a defined contribution scheme to which the Association makes employer's contributions of 8% of gross pay. Where employees prefer to maintain their personal pension schemes similar employer contributions are made. Outstanding contributions to the scheme at 31st December 2013 amounted to £5,591.84 these are included in creditors.

##### Funds Accounting

Funds held by the charity are:

*Unrestricted general funds* - these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

*Designated funds* - these are funds set aside by the trustees out of unrestricted general funds for specific future purposes in accordance with the development plans of the organisation and to enable the completion of existing projects.

*Restricted funds* - these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular purposes.

These funds are further divided between those held Nationally and those held by Local Groups. Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

##### Operating leases

Rentals applicable to operating leases where substantially all the benefits and risks of ownership remain with the lessor are charged to the SOFA as they arise.

	2013	2012
	£	£
<b>2 Donations, and similar incoming resources</b>		
Donations from members	108,798	134,425
Donations to Local Groups	136,732	92,367
Other donations (in memoriam, payroll, gift aid)	360,161	340,808
	<u>605,691</u>	<u>567,600</u>
<b>2a Legacies</b>		
Research	66,628	70,971
Welfare	-	-
Designated	310,544	978,457
	<u>377,172</u>	<u>1,049,428</u>

# National Association for Colitis and Crohn's Disease

## Notes to the Accounts

For the year ended 31st December 2013 (continued)

<b>3</b>	<b>Income from activities for generating funds</b>	<b>2013</b>	<b>2012</b>		
		<b>£</b>	<b>£</b>		
	National fundraising	1,351,360	1,008,224		
	Local groups' fundraising	136,593	135,249		
	External turnover of trading subsidiary	68,828	63,609		
	Other income	8,461	9,054		
		<u>1,565,242</u>	<u>1,216,136</u>		
<b>4</b>	<b>Investment income and interest</b>	<b>2013</b>	<b>2012</b>		
		<b>£</b>	<b>£</b>		
	Other Interest:				
	Charity	71,271	64,371		
	Local Groups	158	206		
	Trading subsidiary	16	11		
		<u>71,445</u>	<u>64,588</u>		
<b>5</b>	<b>Income from activities in furtherance of the objects</b>	<b>2013</b>	<b>2012</b>		
		<b>£</b>	<b>£</b>		
	Subscriptions	436,679	413,610		
	Other Grants	290,326	322,497		
		<u>727,005</u>	<u>736,107</u>		
<b>6</b>	<b>Resources Expended</b>				
		<b>Direct staff</b>	<b>Other direct</b>	<b>Support</b>	<b>Total</b>
		<b>costs</b>	<b>costs</b>	<b>costs</b>	<b>2013</b>
		<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
	Cost of generating funds (note 9)	145,463	269,904	62,944	478,311
	Charitable activities				
	Grantmaking (note 11)	36,710	654,341	14,418	705,469
	Information line, booklets and newsletters	255,570	256,637	84,678	596,885
	Raising awareness	122,066	156,508	40,468	319,042
	Policy & Campaigns	62,053	72,588	20,583	155,224
	Groups & volunteering	270,713	162,832	89,778	523,323
	Membership costs	107,653	96,725	35,698	240,077
	Governance (note 12)	106,269	35,053	35,258	176,580
		<u>1,106,498</u>	<u>1,704,589</u>	<u>383,826</u>	<u>3,194,911</u>
					<u>2,941,873</u>
		(note 7)		(note 8)	

# National Association for Colitis and Crohn's Disease

## Notes to the Accounts

For the year ended 31st December 2013 (continued)

<b>7 Staff costs</b>	<b>2013</b>	<b>2012</b>
	<b>£</b>	<b>£</b>
Wages and salaries	966,832	901,381
Social security costs	92,951	84,303
Pension costs	46,715	27,524
	<u>1,106,498</u>	<u>1,013,208</u>

The average number of staff and the allocation of their time was:

	No.	No.
Charitable activities		
Direct	24.40	21.63
Support	3.80	1.37
Governance	3.40	1.60
Cost of generating funds	8.40	6.40
	<u>40.00</u>	<u>31.00</u>

One member of staff was paid more than £60,000 in the year (2012: one)  
Pension contributions in respect of this staff member totalled £nil

<b>8 Support Costs</b>	<b>2013</b>	<b>2012</b>
	<b>£</b>	<b>£</b>
Other staff related costs	43,995	36,610
Premises costs	135,967	120,636
Office operating costs	173,445	144,189
Other costs	30,419	19,871
	<u>383,826</u>	<u>321,306</u>

Included in support costs are the following:

Depreciation	56,888	51,398
Property rental	58,905	58,535
	<u>115,793</u>	<u>109,933</u>

Support costs are allocated across the activity areas of the charity on the basis of direct staff time related to that activity.

<b>9 Direct cost of generating funds</b>	<b>2013</b>	<b>2012</b>
	<b>£</b>	<b>£</b>
External costs of Trading Subsidiary	64,624	57,403
National fundraising direct costs	378,401	207,090
Local Groups' fundraising	35,286	25,805
	<u>478,311</u>	<u>290,298</u>

**National Association for Colitis and Crohn's Disease**  
**Notes to the Accounts**  
**For the year ended 31st December 2013 (continued)**

**10 Trading Subsidiary**

The charity has a wholly owned trading subsidiary NACC Merchandise Limited, a company incorporated in England & Wales. The company sells Christmas cards and other products. The company gift aids its taxable profits to the charity. A summary of the trading results of the company is shown below. Audited accounts have been filed with the Registrar of Companies.

	<b>2013</b>	<b>2012</b>
	<b>£</b>	<b>£</b>
<b>Profit and loss account</b>		
Turnover	86,857	80,503
Cost of sales	<u>(54,040)</u>	<u>(43,458)</u>
Gross profit	32,817	37,045
Distribution costs	(14,616)	(14,745)
Administrative expenses	(16,756)	(14,478)
Interest receivable	<u>16</u>	<u>11</u>
Net Profit/(loss) on ordinary activities	1,461	7,833
Amount gift aided to Colitis & Crohn's UK	<u>(1,461)</u>	<u>(7,000)</u>
	-	833
Retained profit brought forward	<u>10,143</u>	<u>9,310</u>
Retained profit carried forward	<u><u>10,143</u></u>	<u><u>10,143</u></u>

**11 Grant making direct costs**

	<b>2013</b>	<b>2012</b>
	<b>£</b>	<b>£</b>
Grant making direct costs comprise:		
<b>Grants made</b>		
Personal grants	87,234	75,338
Medical research	197,000	188,024
Living with IBD research	202,840	199,972
IBD Health Services	7,500	-
Grant liabilities written back	(32,550)	-
Other - Groups and volunteering	<u>54,313</u>	<u>71,898</u>
	516,337	535,232
<b>Direct costs of grant making process</b>	<u>189,131</u>	<u>196,480</u>
	<u><u>705,469</u></u>	<u><u>731,712</u></u>

**Personal grants**

Grants are made to individual people who have a particular need arising as a result of their inflammatory bowel disease. 262 grants were made in the year totalling £87,234 (2012: £75,337).

**Research grants**

Grants are awarded by Crohn's and Colitis UK Research Committees to fund research projects that have been approved by peer review. Grants may be for equipment, consumables or salaries. The institutions to which grants were paid in 2013 are listed below. Crohn's and Colitis UK does not contribute to the overhead costs of such institutions.

	<b>2013</b>
	<b>£</b>
<b>Medical research</b>	
Queen Mary University London	4,000
John Radcliffe Hospital	50,000
Chelsea & Westminster Hospital	5,000
University of Liverpool	78,000
Barts & London School of Medicine	<u>60,000</u>
	<u><u>197,000</u></u>

**Other grants**

Local Groups raised funds for local hospital projects to which grants totalling £38,172 were made.

# National Association for Colitis and Crohn's Disease

## Notes to the Accounts

For the year ended 31st December 2013 (continued)

11	Continued		2013
	<b>Social &amp; Psychological Research</b>		£
	University of Leeds		80,000
	University of Stirling		7,840
	Salford Royal Hospital NHS Foundation Trust		115,000
			<u>202,840</u>
			2,013
	<b>IBD Health Services</b>		£
	St Mark's Hospital Foundation		<u>7,500</u>

12	<b>Governance direct costs</b>	2013	2012
		£	£
	Auditors' remuneration - current year	13,168	13,008
	Other fees paid to auditors	800	650
	Legal and professional expenses	3,140	5,742
	Meetings and trustee expenses	6,411	7,028
	Other expenses	11,534	36,214
		<u>35,053</u>	<u>62,642</u>

### 13 Transactions with trustees

No trustee received any remuneration for their services as a trustee.

A total of £8,361(2012 - £8,862) was reimbursed to 12 (2012- 11) trustees in respect of travelling expenses and other costs incurred in carrying out their responsibilities as trustees.

### 14 Operating Leases

At 31st December 2013 the group had annual commitments under non-cancellable leases as follows:-

	Equipment	Land and Buildings	Equipment	Land and Buildings
	2013	2013	2012	2012
	£	£	£	£
Due between two and five years	<u>7,294</u>	<u>58,067</u>	<u>6,712</u>	<u>58,067</u>

### 15 Transfers

Transfers are made for a variety of reasons, between types of funds and between national and Local Groups, the note below illustrates these:

	Unrestricted Funds	Designated Funds	Restricted Funds	Total
	£	£	£	£
<b>National</b>				
Transfers between national funds	(86,165)	-	86,165	-
Transfers from Local Groups' funds	79,977	-	27,622	107,599
Transfers (from)/to designated funds	<u>6,826</u>	<u>(206,826)</u>	<u>200,000</u>	<u>-</u>
Total national funds	<u>638</u>	<u>(206,826)</u>	<u>313,787</u>	<u>107,599</u>
<b>Local Groups</b>				
Transfers from national funds	-	-	-	-
Transfers between Local Groups' funds	-	-	-	-
Transfers to national funds	<u>(79,977)</u>	<u>-</u>	<u>(27,622)</u>	<u>(107,599)</u>
Total Local Groups' funds	<u>(79,977)</u>	<u>-</u>	<u>(27,622)</u>	<u>(107,599)</u>
<b>Total funds</b>	<u>(79,339)</u>	<u>(206,826)</u>	<u>286,165</u>	<u>-</u>
	(note 22)	(note 22)	(note 23)	



# National Association for Colitis and Crohn's Disease

## Notes to the Accounts

### For the year ended 31st December 2013 (continued)

#### 16 Fixed assets

All assets held for use by the charity.

Charity	Leasehold premises	Equipment and furniture	Local Groups	Total
Cost	£	£	£	£
Brought forward 1st January 2013	284,666	152,200	-	436,866
Additions	-	27,886	-	27,886
Disposals	-	-	-	-
Carried forward at 31st December 2013	<u>284,666</u>	<u>180,086</u>	-	<u>464,752</u>
<b>Depreciation</b>				
Brought forward 1st January 2013	186,623	103,954	-	290,577
Charge for the year	31,021	25,867	-	56,888
Disposals	-	-	-	-
Carried forward 31st December 2013	<u>217,644</u>	<u>129,821</u>	-	<u>347,465</u>
<b>Net book value</b>				
At 31st December 2013	<u>67,022</u>	<u>50,265</u>	-	<u>117,287</u>
At 31st December 2012	<u>98,043</u>	<u>48,246</u>	-	<u>146,289</u>
<b>Group*</b>				
Cost	£	£	£	£
Brought forward 1st January 2013	284,666	152,200	-	436,866
Additions	-	27,886	-	27,886
Disposals	-	-	-	-
Carried forward at 31st December 2013	<u>284,666</u>	<u>180,086</u>	-	<u>464,752</u>
<b>Depreciation</b>				
Brought forward 1st January 2013	186,623	103,954	-	290,577
Charge for the year	31,021	25,867	-	56,888
Disposals	-	-	-	-
Carried forward 31st December 2013	<u>217,644</u>	<u>129,821</u>	-	<u>347,465</u>
<b>Net book value</b>				
At 31st December 2013	<u>67,022</u>	<u>50,265</u>	-	<u>117,287</u>
At 31st December 2012	<u>98,043</u>	<u>48,246</u>	-	<u>146,289</u>

\*Group represents the consolidation of the charity with its trading company.

# National Association for Colitis and Crohn's Disease

## Notes to the Accounts

For the year ended 31st December 2013

(continued)

17 Investments	Group		Charity	
	2013 £	2012 £	2013 £	2012 £
Investment in subsidiary				
Cost at 31st December 2013 and 2012	-	-	1	1
	<u>-</u>	<u>-</u>	<u>1</u>	<u>1</u>
18 Debtors	Group		Charity	
	2013 £	2012 £	2013 £	2012 £
<b>All amounts fall due within one year</b>				
Balance with trading subsidiary	-	-	66,897	56,709
Prepayments	95,048	36,492	95,048	36,492
Tax recoverable	54,292	21,978	54,292	21,978
Other debtors	42,525	56,885	39,634	46,755
Accrued income	89,268	137,321	89,268	137,321
	<u>281,133</u>	<u>252,676</u>	<u>345,139</u>	<u>299,255</u>
19 Analysis of cash at bank and in hand	Group		Charity	
	2013 £	2012 £	2013 £	2012 £
Current accounts and cash balances	347,256	533,353	289,204	494,716
Interest-bearing account balances	3,231,868	2,946,221	3,231,868	2,946,221
Local Groups	344,862	288,348	344,862	288,348
	<u>3,923,986</u>	<u>3,767,922</u>	<u>3,865,934</u>	<u>3,729,285</u>
20 Creditors: amounts falling due within one year	Group		Charity	
	2013 £	2012 £	2013 £	2012 £
Unpaid balances of research grants	805,221	699,068	805,221	699,068
Trade creditors	121,022	89,876	115,932	89,191
Social security and other taxes	35,528	33,280	35,528	33,280
Other creditors	14,009	31,118	7,916	18,260
Accruals and deferred income	44,921	142,404	44,921	142,404
	<u>1,020,701</u>	<u>995,746</u>	<u>1,009,518</u>	<u>982,203</u>
Creditors: amounts falling due after one year	Group		Charity	
	2013 £	2012 £	2013 £	2012 £
Unpaid balances of research funds	<u>161,424</u>	<u>186,853</u>	<u>161,424</u>	<u>186,853</u>

## 21 Capital commitments

At 31st December 2013 the charity had capital commitments of £nil (2012: £nil)

**National Association for Colitis and Crohn's Disease**  
**Notes to the Accounts**  
**For the year ended 31st December 2013**  
**(continued)**

<b>22 Unrestricted funds</b>		<b>Brought forward</b>	<b>Incoming resources</b>	<b>Resources expended</b>	<b>Transfers</b>	<b>Carried forward</b>
		<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
<b>Designated funds</b>						
Contractual liabilities	(a)	60,000	-	-	-	<b>60,000</b>
Legacy Reserve Fund	(c)	946,082	310,544	-	(200,000)	<b>1,056,626</b>
Heyman Fund	(b)	99,599	1,494	500	-	<b>101,593</b>
Fixed assets	(d)	6,826	-	-	(6,826)	-
Legacy project for young people with IBD	(f)	150,000	-	(16,067)	-	<b>133,933</b>
Political Interns	(e)	-	45,000	-	-	<b>45,000</b>
<b>Designated total</b>		<u><b>1,262,507</b></u>	<u><b>357,038</b></u>	<u><b>(15,567)</b></u>	<u><b>(206,826)</b></u>	<u><b>1,397,152</b></u>
<b>Other unrestricted funds</b>						
General Reserve Fund held nationally		903,315	2,301,815	(2,331,549)	638	<b>874,219</b>
Non charitable trading funds		17,143	68,844	(68,844)	-	<b>17,143</b>
Local Groups		147,032	162,161	(66,167)	(79,977)	<b>163,049</b>
		<u><b>1,067,490</b></u>	<u><b>2,532,820</b></u>	<u><b>(2,466,560)</b></u>	<u><b>(79,339)</b></u>	<u><b>1,054,411</b></u>
<b>Total</b>		<u><u><b>2,329,997</b></u></u>	<u><u><b>2,889,858</b></u></u>	<u><u><b>(2,482,127)</b></u></u>	<u><u><b>(286,165)</b></u></u>	<u><u><b>2,451,563</b></u></u>

- (a) The contractual liabilities fund was established to ensure funds are available to meet any potential lease liabilities
- (b) The Heyman Fund has been established from a legacy to act as an expendable endowment for the development of specialist nursing for IBD. An allocation will be made to the fund each year of a portion of interest earned.
- (c) The Legacy Reserve Fund was established to underwrite the amount of legacy income budgeted for in the following year. The surplus each year is allocated to specific purposes by the Trustees.
- (d) The fixed asset fund represents sums set aside for the purchase of fixed assets and is written off in line with the depreciation charge for the assets acquired.
- (e) A designated fund was established by the Trustees to support 3 political interns for a period of 3 months in England, Scotland & Wales
- (f) An unrestricted legacy was designated by the Trustees to fund extra support for young people who have IBD.

**National Association for Colitis and Crohn's Disease**  
**Notes to the Accounts**  
**For the year ended 31st December 2013**  
**(continued)**

23 Restricted funds	Brought forward	Incoming resources	Resources expended*	Transfers	Carried forward
	£	£	£	£	£
<b>National</b>					
Research	293,414	208,369	(431,435)	227,622	297,970
Welfare (personal grants)	80,002	10,691	(96,858)	86,165	80,000
Scotland health services	16,329	-	(6,698)	-	9,631
Big Lottery Fatigue Project	46,804	106,315	(122,362)	-	30,757
Sidney Hulin Legacy	20,000	-	-	-	20,000
Catherine McEwan Fund	-	20,000	-	-	20,000
RPJ Crohn's Foundation Fund	82,451	-	-	-	82,451
Smilie's network (Family Network)	4,486	-	(1,500)	-	2,986
<b>Total restricted funds held nationally</b>	<b>543,486</b>	<b>345,375</b>	<b>(658,853)</b>	<b>313,787</b>	<b>543,795</b>
<b>Local Groups</b>					
Research	42,331	16,309	(2,463)	(17,862)	38,315
Welfare	(678)	485	(350)	(6,700)	(7,243)
Local projects	107,781	94,528	(51,118)	(3,060)	148,131
<b>Total restricted funds held by Local Groups</b>	<b>149,434</b>	<b>111,322</b>	<b>(53,931)</b>	<b>(27,622)</b>	<b>179,203</b>
	<b>692,920</b>	<b>456,697</b>	<b>(712,784)</b>	<b>286,165</b>	<b>722,998</b>

Each fund is used for the purpose its name defines except that the Sidney Hulin Fund is to be used for a specific project in the name of the donor.

**24 Analysis of charity net assets between funds**

	Unrestricted		Restricted		Total
	Local Groups	National	Local Groups	National	
	£	£	£	£	
Fund balances at 31st December 2013 are represented by:					
Tangible fixed assets	-	117,287	-	-	117,287
Investments	-	-	-	-	-
Current assets	163,049	2,403,128	179,203	1,494,019	4,239,399
Current liabilities	-	(231,901)	-	(788,800)	(1,020,701)
Long term liabilities	-	-	-	(161,424)	(161,424)
	<b>163,049</b>	<b>2,288,514</b>	<b>179,203</b>	<b>543,795</b>	<b>3,174,561</b>

**25 Related Party**

A company, NACC Nominees Limited, has been formed to hold the lease of the offices occupied by the charity. This position was made necessary because of the unincorporated status of the charity. The directors of NACC Nominees Limited are the trustees of the charity. The obligations arising under the lease are being met by the charity and the designated fund previously established to meet contractual liabilities remains.