

**Crohn's and Colitis UK**  
**Annual Report and Accounts**  
**Year ending**  
**31<sup>st</sup> December 2012**

*Crohn's and Colitis UK*  
*is the working name for*  
*The National Association for Colitis and Crohn's Disease*

**Crohn's and Colitis UK, 4 Beaumont House, Sutton Road,  
St Albans, Herts, AL1 5HH.**

**Charity registered in England and Wales No.1117148 and Scotland No. SC038632  
A company limited by guarantee in England & Wales: company number 5973370**

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The Trustees of Crohn's and Colitis UK have pleasure in presenting their report and financial statements for the year ending 31 December 2012. The charity is registered with the Charity Commission under registration number 1117148 and with the Office of the Scottish Charity Regulator under number SC038632. It is a company limited by guarantee. Crohn's and Colitis UK operates in England, Northern Ireland, Scotland and Wales. Details of Trustees, Officers, senior staff and committee members who served in 2012 are set out on page 24. This report represents a Directors Report as required by s417 of the Companies Act 2006.

## Strategic Plan 2010 – 2012

The strategic plan for 2010-2012 entitled 'Meeting the Challenge of Colitis and Crohn's Disease' was published in December 2009. The aim, vision and principles stated in the charity's previous strategic plan were largely unchanged and many services and activities continued unaltered. However, new strategic priorities and objectives were identified together with a number of key themes to be addressed over the three years. This report is presented to match the structure of the Strategic Plan, which sets out the Challenge, Vision and Objectives for 2010 – 2012.

### Crohn's and Colitis UK Aim

Improving life for people affected by Colitis and Crohn's Disease.

### Crohn's and Colitis UK's Vision

*Crohn's and Colitis UK should be a well-known and active organisation recognised for excellence in:*

- Providing support and information for patients & their families who are affected by Inflammatory Bowel Diseases (IBD).
- Raising public and political awareness of IBD.
- Striving to improve healthcare services and provision for IBD.
- Influencing the attitudes of society to achieve positive change for those affected by Inflammatory Bowel Diseases.
- Promoting research into all aspects of Inflammatory Bowel Diseases and how they affect people's lives.

### The principles underpinning Crohn's and Colitis UK's Vision

Crohn's and Colitis UK will be an *active organisation* both in the sense that members and volunteers will take an active role in achieving the objectives that have been agreed and in the sense that Crohn's and Colitis UK will take a leading role in championing the needs and concerns of people affected by Inflammatory Bowel Diseases.

Crohn's and Colitis UK will aim for excellence by basing its policies and plans on objective evidence wherever possible and by adopting recognised standards of quality in its services and practices.

Crohn's and Colitis UK will expect Trustees, members, volunteers and staff to observe the principles of compassion, equality and inclusion and to act with respect and integrity in their work for the Association.

Whenever possible the Trustees will forward Crohn's and Colitis UK 's objectives through research, development and service activities in partnership with health service, professional and other patient organisations and with the pharmaceutical industry.

## Overview 2012 and 2013

2012 marked the final year of the charity's Strategic Plan for 2010-2012. In June the Trustees held a Planning Day to review the achievements against the Plan, to take stock of the external environment in which the charity operates and of the internal capacity and development of the organisation, and to begin development of the strategic objectives for 2013-2015.

The 2010 – 2012 Plan was ambitious, setting out a series of objectives across all aspects of the charity's work. The majority of these had been delivered or were in hand for 2012. The Trustees identified particular achievements as:

- gaining the Information Accreditation Standard for the charity's publications,
- the re-branding of the charity and success in gaining celebrity support,
- the Lottery-funded IBD and Fatigue Project and the IBD and Employment initiative, both of which have stimulated health professional recognition of the importance of these issues,
- more effective involvement of members and volunteers
- greater engagement in Scotland including the appointment of a Development Manager,
- maintaining a high level of research funding,
- growth in fundraising events and income, including legacies,
- organisational development particularly in 2012 the expansion of premises and renewed IT, telephone and accounting systems.

As part of the Plan a major PR theme was agreed for each of the three years to act as a focus for the charity's work. In 2012 the theme chosen was IBD, Sport and Fitness, to encourage patients to recognise the importance of maintaining exercise and fitness where possible within the constraints of their illness and to highlight the achievements of IBD sport champions in the Olympic year. This campaign was remarkably successful contributing towards the charity's outstanding media.

In 2013 the theme will be Me and IBD: facing the future - School and Beyond. The aim of the PR work is to help lessen the sense of isolation among young people living with IBD by providing more opportunities for interaction, and to increase awareness and understanding of IBD among young people and professionals who serve them in healthcare and education.

The ongoing services and activities of the charity have been maintained, with each of the information and support services seeing an increase in demand over the previous year. Membership levels and the volunteer-based Local Group network were also successfully maintained. The primary focus for the charity's public affairs work in 2012 was to influence

the government initiatives on work-related and disability benefits. The aim has been to secure recognition for the fluctuating nature of IBD and proper assessment of fatigue and continence in the work and benefit assessment processes. To this end, the charity has been part of the Harrington Group developing advice for the Department of Work and Pensions on Assessment criteria and procedures. In a further example of collaborative working, Crohn's and Colitis UK took on the leadership of the coalition of charities campaigning for free prescriptions for people who have long-term medical conditions. In terms of influencing healthcare for IBD, the challenge is to promote better quality services in the context of significantly reduced funding, in the face of major structural reorganisation in England and across the four nations which each have different organisational systems. The charity works closely with the relevant health professional organisations and plays a major role in the national IBD Audit and Quality Improvement Projects and the IBD Registry. In 2012, the focus has been on supporting the integration of the national IBD projects and considering how to influence commissioners in England and obtain national support for improving IBD Services in Scotland and Wales. There remain significant policy and organisational barriers to the redesign of traditional IBD services to a more patient-centred approach.

Despite the general concern about future income in the light of the country's economic circumstances, fundraising income has held up well with significant increases in income from sponsored challenges and sporting activities, and an outstanding result from its first National Raffle. Nevertheless, without legacy income the charity would have been in deficit. 2012 has been the most exceptional year for legacy income in the charity's 33 years - just over £1 million was received (2012 legacy income of £1,049,428 from 33 estates). The Trustees' policy for legacy funds has been to budget on the basis of £200,000 unrestricted legacy income each year and to maintain a holding fund of any additional legacy funds which acts as a contingency in the following year against a low level of legacy receipts. When safe to do so, these funds have then been released for investment in new projects. The size of the legacy income this year has come at an opportune time, coinciding with the start of a new three year plan, and will enable the Trustees to take a three-year approach to investment of the funds. The Plan for 2013-2015 has four strategic aims – to inform, support, influence and research – and a commitment to developing the organisation to meet these aims. A copy of the full Plan is available from the charity's website.

At the end of 2012 Richard Driscoll retired, after 21 years, and a new Chief Executive David Barker was appointed. The Trustees will be working closely with the Chief Executive, the Senior Management Team, staff and volunteers to take the new Plan forward.

## Raising Awareness of IBD

- **Overview** - During 2012 we continued to develop existing communications channels using the media, existing local Groups, Ambassadors – to help raise awareness of the specific conditions of Crohn's Disease and Colitis, and their umbrella term of IBD (Inflammatory Bowel Disease). Some of these channels produce measurable outputs, whereas others – such as PR activity - rely largely on anecdotal evidence to show benefit.
- **Marketing** – during 2012, the charity updated its Membership Application forms to allow for changes in Gift Aid. A new legacy leaflet was launched to membership as a fundraising publication in support of corporate and personal giving. The charity continued to approach its members to encourage them to give e-mail details, in order to support regular e-comms in future. The first monthly e-zine to fundraising supporters, e-Xpress was successfully launched and reaches almost 7,000 subscribers and the second in-depth article on Groups' fundraising in Action!, the fundraising quarterly mailed to members, was included in April 2012 and was warmly received. Groups were supported in the purchase of pull-up banners for exhibitions and talks – aligning the new brand look with local Groups. Pulling together Marketing, PR and Media the charity has commissioned over 29 film projects, showing its supporters and the wider public various aspects of its work, for example in Scotland with volunteers and with healthcare professionals as well as the personal IBD testimonials of its champions and ambassadors, and their thoughts on living with IBD
- **Media** –The Darren Fletcher/Ulcerative Colitis disclosure helped us to increase our overall media reach. The 2012 overall media reach figures represent a huge media achievement in respect of the IBD, Sport and Fitness campaign, supported by the Charity's new ambassadors and champions. A particular high point was the highly successful Radio day, featuring an interview with World Power Lifting Champion Henry Tosh and former England Rugby Captain, Lewis Moody.
- **PR** –The Charity was Highly Commended in the 2012 Communiqué Awards for the Best Healthcare Partnership Communications. The Charity launched its new mascots, Teddy Tum Tum, Roary the Lion and Ruby the Red Hot Fundraising Dragon at its 2012 London Walk – to great acclaim. During 2012, Roary was sent to represent the charity in Scotland, Teddy Tum Tum went to Northern Ireland and Ruby had a tee-shirt in Welsh, all set to visit Cardiff in 2013.
- **Groups** – The charity has 70 Groups.
  - **Websites:** Overall visits: 26,676
    - Unique visits (from individual people, excluding return visitors): 14,287
    - Total Page views (number of times Group pages were looked at):97,792
    - Many of our Groups have their own Facebook page and Twitter

- **Media Presence**
  - Group publicity is estimated to have reached 22,203,600 people in 2011, which is a 48% increase on the previous year.
  - The Groups that returned annual reports were responsible for almost 90 different radio and newspaper mentions.
- **Local Grants:** In 2012, 6 Groups made 7 local grants totalling £8,838.11
- **Developing the New Group Websites**
  - As the charity moves to a new website, all Group websites will also have to move to the new site. This has required a significant amount of work developing the new Group websites and training the Group volunteers responsible for the use of those websites.
  - Designing and creating 275 standard pages for every group to get them started.
  - Developing and delivering training to around 100 website editors via a series of webinars (initially 10 1-hour webinars).
  - Developing a step-by-step manual that is specific to the website.
  - Supporting around 100 website editors as they build and manage their Group pages.
- **Volunteering** - In 2012, 15 speakers/cheque receivers have represented Crohn's and Colitis UK at 17 events. The Youth Panel made up of 14 members held its first meeting. 2 young people attended the European Federation's (EFCCA) young people's meeting. To enable the 'National Walks' and 'It's a Knock Out' to take place we recruited approximately 200 volunteers to be on the planning teams and to support the events on the day.
- **External events and conferences** – Staff and members have taken part in various training courses for health professionals during the year, both locally and nationally, in line with our objective of raising awareness of the charity, the condition and the impact on people's lives. There were information displays at the national meetings of BSPGHAN (British Society of Gastroenterology, Hepatology and Nutrition) and the BSG (British Society of Gastroenterology) as well as at many regional or local meetings organised by health professional groups or pharmaceutical companies.
- **Crohn's and Colitis Month – May 2012**
  - The IBD: Sport and Fitness Champions were invited to take part to offer inspiration to everyone with IBD. Olympic rower Sir Steve Redgrave; former England Rugby Captain Lewis Moody; Norwich City team captain Russell Martin; Paralympic weight lifter Ali Jawad; World Champion power-lifter Henry Tosh; racing driver Rick Parfitt Jr and dancer Della Thielamay all featured on posters and inspirational videos made available via the new micro-site, resulting in 3,369 page views.

- Crohn's and Colitis UK commissioned the first survey of its kind, asking 1,000 members to assess their levels of fitness and evaluate the impact of IBD on their ability to take part in sporting activities. The survey revealed that 80% of respondents had given up or significantly reduced their participation in sports as a result of their IBD. On the positive side, nearly 60% of respondents stated that they would take part in the IBD Challenge to raise funds.
  - The survey identified 76 new media volunteers willing to explain how they have risen to the challenges of living with IBD and had coped with keeping fit or how they were planning to take part in the IBD Challenge.
  - The campaign was launched to the 30,000 strong membership via the Crohn's and Colitis News and Groups Communications who were all encouraged to seek local press support, especially by taking part in the 2012 IBD Challenge.
  - The IBD: Sports and Fitness Survey resulted in a record 81 feature articles, 95% of which mentioned IBD symptoms and the web addresses – key critical success factors.
  - A great sporting achievement was recorded when Lewis Moody and Henry Tosh hosted a radio day. Featuring on 154 stations including Radio 2, Sky News Radio, BBC regional radio stations and Sky Sports News Radio, they achieved a record 51 million reach, including IBD symptoms and the charity contact details in 100% of their interviews.
  - The micro-site [www.IBD:SportandFitness.co.uk](http://www.IBD:SportandFitness.co.uk) helped to drive visitor traffic to the main charity website, with an impressive 17.6% increment from 13.8 million to 16.2 million hits in 2012.
- **New Ambassador:** Lewis Moody was invited to become our newest Ambassador.
  - **New Champion for 2012** – Ali Jawad became our newest Champion to support the 2012 PR theme of IBD: Sport and Fitness at the end of the year. This work included negotiation with the international Olympic Office and the London Office for the Olympics, over logo development.
  - **IBD Nurse Awards** – Having secured funding from Abbott, the first IBD Specialist Nurse Awards event was held in April 2012. The Award Ceremony was held in Central London and was hugely successful.
  - **Communicating the value of IBD specialist nursing** – extracts from the letters of nomination by 435 members of their 181 IBD Nurses were copied to the CEO's of their Hospital Trusts, to underline the high value place on these members of the IBD team by their patients and a number of hospitals assisted by rolling out the press coverage internally and in their local press. A film featuring the 5 shortlisted nurses and their



nominators has been shown throughout 2012 and is to be used in the 2013 presentations to Nurse Specialists and the Royal College of Nursing.

- **Website** – the charity's website continued to provide the public and its members with a valued source of information about the conditions, the charity's services and forthcoming events, attracting more visitors than the previous year. Overall there were 631,002 visitors in 2012, an increase of 38.3% on 2011. Work began on the new website, due to be launched in 2013.

## Meeting needs for information and support

- **Groups' education and support meetings** - In 2012 Groups held traditional style educational meetings but many Groups focussed on more informal and support style of meetings.
- **Groups keep in touch** by sending regular local Newsletters to all members in their Group area and 37 Groups have Facebook pages, with a total of 2600 fans and 13 Groups have a Twitter presence, with a total of approx 1700 followers.
- **Crohn's and Colitis UK Publications** are available as Information Sheets or Booklets and are offered to individuals free of charge. 34,461 hard copy publications distributed. All publications are now available as downloads from the Crohn's and Colitis UK website. In 2012, a total of 377,401 publications were downloaded.
- **Editorial Board** - Crohn's and Colitis UK publications are supported by Medical Advisers who sit on an editorial board.
- **Information Accreditation** - Membership of the Information Standard was confirmed for the third consecutive year following a surveillance visit, which confirmed our continuing compliance with the requirements for accreditation.
- **NACC News** is the quarterly newsletter for members of Crohn's and Colitis UK. This provides members with information and comment on developments in research and treatment. In 2012 this was re-branded as Crohn's and Colitis News and benefited from a redesign of the front page. James Lindsay, Consultant Gastroenterologist, served as Medical Editor for the year.
- **Information Packs** – 8,540 Information Packs and 1,600 Family Packs were distributed by UK hospitals to newly diagnosed patients.
- **Information Officers** responded to 4,691 individual enquiries in 2012: 3498 by phone, 1116 by email and 77 by post. Positive feedback from service users included:

*"thank you ever so much for your help, advice and support. Just hearing a friendly voice on the other end of the phone is really uplifting"*

- **Crohn's and Colitis Support** provided 'a safe place to talk' for 798 people who called this confidential, volunteer-led helpline for emotional support in 2012.
- **Benefits** - 125 people were supported in their claims for Disability Living Allowance or Attendance Allowance by Disability Benefit Service volunteers, including one member who wrote:

*"...it is great to have the option of calling on a Benefits volunteer if I need help!."*

- **Parent Support** - A small but very dedicated group of parent volunteers continued to offer support by telephone appointment to other parents of children with IBD. 32 parents received support from the Parent to Parent service in 2012.
- **Personal Grants** - £74,000 was paid out in Personal Grants during the year.
- **Online Forum** - The number of young people registered to use the IBD and Me Online discussion forum increased by 494, to 3255, in 2012, with 260 new discussion threads started and 1096 messages posted bringing the total to 16,275.
- **Social Media** - During 2012 the charity's main Facebook page increased from 3,228 to 7,612 Likes' and its Twitter streams, engaged 2,251 "tweeters". Facebook has been used to increase participation in surveys, direct people with questions to the information team/website downloads, provide information about local Groups, and encourage fundraisers. By providing a (deliberately) limited and fully moderated forum for discussion, the online Facebook community provides a place to share common concerns (postings about fatigue were particularly popular), applaud examples of positive coverage (the IBD nursing winners received many positive comments), debate key issues and reach out to groups of people who don't engage with other mainstream services (the gay/lesbian research, funded by Crohn's and Colitis UK provoked many comments but remained civil at all times). The Charity's fundraising team also runs a lively Fundraising, Facebook page with 1,305 "likes" at the time of writing and also Twitter streams (2,409 hits) to encourage engagements.

## Campaigning for better provision for people living with IBD

- **IBD and employment** - This major focus for the charity in 2011, has continued into 2012 – with two new sub-reports due to be published in 2013. Thanks to a further grant from Abbott (now Abbvie). Over 7,000 copies of the original report have been downloaded from the main website and/or micro-site, as well as downloads of the charity's associated information sheets for Employees, Employers, Schools and Universities.
- **Meetings and discussions** with the British Society of Gastroenterology, NICE, National Rheumatoid Arthritis Society, Professor Malcolm Harrington and numerous meetings

with MPs and Peers, civil servants and Welsh Assembly Members. All meetings highlighted Crohn's and Colitis UK's political concerns around welfare reform, continued funding for the UK IBD Audit and the need for further improvements in the quality and provision of health services.

- **Party Conferences** – Crohn's and Colitis UK returned to the Liberal Democrat, Labour and Conservative Party Conferences, and secured over 10 meetings with MPs and Peers on a range of issues, and developed the charity's political profile. This was also an important opportunity to understand each party's thinking in policy areas of interest to the charity, network with other organisations and charities, as well as understand the broader political context in which our issues sit.
- **Prescription Charges Coalition** – This year Crohn's and Colitis UK took leadership of the Prescription Charges Coalition, an alliance of over 20 organisations calling for extending prescription charge exemptions to people in England with long-term conditions. We surveyed almost 4,000 people to understand the impact that prescription charges have had on people with long-term conditions, and examined the findings in our *Paying the Price* report launched in March 2013. An accompanying 'e-action' saw over 1,200 people write to their MP on this issue, using an online template.
- **Work Capability Assessment (WCA) 'Evidence Based Review'** – Crohn's and Colitis UK was one of a number of charities which worked closely with Department for Work and Pensions civil servants to develop a new Work Capability Assessment, which provides a more nuanced examination of fluctuating, long-term conditions. This new assessment will be tested against the current WCA, with a report due out later in 2013. It is hoped that the principles of our assessment will be incorporated in subsequent legislation to improve the assessment.
- **Policy position statements** – Further policy position statements were developed this year, including welfare benefits, the blue badge scheme and two statements on developing systems of "supported self management" for people with IBD, and the use of tools such as the UK IBD Audit for quality improvement.
- **Website development** – As part of the development of the new Crohn's and Colitis UK website, information about the charity's campaigning work will feature online for the first time. This will include access to the charity's position statements on key issues, consultation responses and a blog highlighting the charity's success in raising political awareness and influencing policy.
- **Member engagement** – This year saw increasing opportunities for members to learn about and become involved in Crohn's and Colitis UK's campaigning work, through the development of a Public Affairs Panel. This allows members to inform the charity's consultation responses by feeding in their views and relevant experiences to inform our comments and concerns. For the first time, Crohn's and Colitis UK's member newsletter

carries a regular feature on the charity's campaigns activity and how members can support this work.

- **Political Awareness** – Crohn's and Colitis UK's political profile grew this year, after concerns around the impact that the incoming Personal Independence Payment will have on people with long-term conditions were raised by supportive MPs and Peers in debates in the Houses of Parliament. MPs also wrote to Ministers on the charity's behalf to reiterate these concerns.

## Improving IBD healthcare services

- **Policy on NHS Services for IBD** - Implementation of the IBD Standards produced in 2009 continues to be the primary focus of the charity's work in this area. Position statements were prepared for development of IBD healthcare in each devolved administration and the key messages have been promoted in each UK nation through political contacts, presentations at health professional meetings, visits to individual hospital teams and through the national IBD projects described below.
- **IBD Standards Group** – This Group represents the main professional and patient organisations involved in healthcare for IBD and is chaired by the Charity's Chief Executive. The Group regularly reviews the IBD Standards, maintains an overview of progress towards improving healthcare for IBD in all four UK countries and coordinates political advocacy by the supporting organisations. The Group's primary focus in 2012 was to set out a strategic vision for the various national projects which would create an integrated and cost-effective IBD Quality Improvement Programme. The Group also contributed to the discussions on which specific outcome and process measures could be presented as reliable and collectable indicators of quality.
- **National IBD Projects** - Crohn's and Colitis UK is a leading partner in three UK-wide projects relating to Quality Improvement and Assurance. These are the IBD Audit, IBDQIP (Quality Improvement Programme) and IBD Registry. The charity takes an active role in each project and fosters communication and coordination between them. An important objective for this work is to support equal standards of IBD care and equal access to high-quality clinical care across the UK even though the four nations now have distinctly different NHS organisations.
- **Audit of IBD Care** - In 2012, for the first time selected results from the 2010 Organisational IBD Audit for individual hospitals were made publicly available through NHS Choices with supportive explanations to aid interpretation of the information. The charity also helped to disseminate the findings of the 2011 Audit of Inpatient Experience through presentations at various health professional meetings and training events.
- **Quality Improvement Visits** - Crohn's and Colitis UK staff and volunteers took part in several pilot peer-to-peer visits between IBD Teams as part of the IBDQIP programme

contributing a patients' perspective to the discussions. This Peer-to-Peer Visiting Scheme will now become a core component of the merged IBD Audit and IBDQIP Projects.

- **Commissioning** - The charity was part of a collaborative group with the British Society of Gastroenterology and other professional and patient organisations which developed a Guide to Commissioning Gastroenterology Services published in mid 2012.
- **Research projects** - The charity is funding a number of research projects relevant to improved IBD Services. This will report in 2013. They include a project in Stockton-on-Tees to develop greater primary care involvement in IBD management, the development of a new Patient Reported and Outcome Measure for Crohn's Disease (PROM), a web portal giving patients access to hospital records and an 'app' to assist patients in self-managing remotely from their hospital.
- **Patient Panels** - There are now 40 Patient Panels across the UK although most of them are situated in England. This is partly due to the differing Health Services across the 4 UK countries.
- In 2012, 5 new Patient Panels had their first meeting; 2 IBD Patient Panel e-newsletters were produced and we organised a patient panel training day in Scotland.
- Patient Panels are made up of patients, carers and staff in the local hospital IBD Service.
- In Northern Ireland a panel of parents and children met senior health officials in Belfast to learn about improvements to the paediatric services in the region and to voice some of their concerns and aspirations for the future.

## Supporting IBD Research

- **Medical Research Programme** – Four awards were made in 2012, the total cost of the four projects being £188,024.
  - **Dr Julian Knight**, Wellcome Trust centre for Human genetics, Oxford: Functional Genomic Profiling of Intestinal Stromal Cells in Inflammatory Bowel Disease Susceptibility (£45,070)
  - **Dr Elaine Nimmo**, Gastrointestinal Unit IGMM, Edinburgh: Investigating the Importance of NOD2 and TIP60 in the Pathogenesis of Ileal Crohn's Disease (£32,000)
  - **Professor Jonathan Rhodes**, University of Liverpool: Comparison of Combination Antibiotic and Hydroxychloroquine Therapy (Ciprofloxacin, Doxycycline and Hydroxychloroquine) with Standard Therapy (Budesonide) in the Treatment of Active Crohn's Disease (£50,993)

- **Dr Jeremy Sanderson**, Guys and St Thomas' Hospital, London: Optimising the Response to Thiopurine Therapy in Inflammatory Bowel Disease: A Search for Biomarkers Predicting Thiopurine Hypermethylation (£59,961)
- **Living with IBD Research Programme** -Three awards were made in 2012, the total cost being £199,972.
  - Dr. Suzanne Mukherjee, University of York. The Experiences of Adults from Ethnic Minority Groups - £79,973
  - Dr. Joanne Cooper, Nottingham University. An exploration of experiences and expectations of Autologous Haematopoietic Stem Cell transplantation for Crohn's Disease - £54,999
  - Dr. Georgina Rowse, University of Sheffield. Adolescents with IBD – their relationship with their disease, identity and illness perceptions - £65,000
- **Health Services Research** – No new grants were made in 2012. Research continued on the two currently funded projects: Integrated Care for IBD in Stockton-on-Tees and Development of a PROM for Crohn's Disease in Liverpool.
- **IBD and Fatigue Big Lottery Grant** –This four year project is managed by Crohn's and Colitis UK. We are working with delivery partners at King's College London, University College London and Addenbrookes' NHS Trust. All partner organisations worked very effectively with Crohn's and Colitis UK to achieve the milestones in Year two. The fatigue assessment scale was tested with 106 people living with IBD and went through six drafts, and will be submitted to a further round of testing. An intervention study has been designed to examine the effect of exercise and Omega 3 supplementation on fatigue for individuals with IBD, and was submitted for ethics approval. A first draft of an MOT fatigue checklist was presented to the Steering Group, for refinement by an expert panel in Year 3.
- **Supporting external applications** – The charity is regularly asked to review and support applications for research funding being submitted by health professionals and academics. This provides useful opportunities to give a patient viewpoint on the research objectives and protocols.
- **Representing patients' perspectives** – Several members of the charity have been appointed to Steering Groups for IBD-related research projects contributing a patient perspective on issues of ethics, methodology and involvement of patients in the research activities.

**Assisting the delivery of research** – The charity regularly assists researchers by recruiting participants for surveys through the website or mailings. In some instances this assistance and the willingness of IBD patients to respond has made the difference between success or failure of the project.

## Involving members and volunteers

- **Volunteer activities** - Crohn's and Colitis UK have over 14 separate volunteer activities with approximately 1000 volunteers supporting our work. Volunteers are involved with all levels of our work e.g. Trustees; Committee Members; Helpline Services; Local Groups. Our volunteers work alongside the staff and enable the Charity to meet its aims and objects. We held our annual Volunteer Conference which over 100 volunteers attended. Members are made aware of Volunteering opportunities through Crohn's and Colitis UK News.
- **Group development and new Groups** - During 2012 we have continued to support our Local Groups to carry out their four main activities: Raising Awareness, Fundraising, sending out a Local Newsletter to members and to deliver educational meetings. We hold development days and in 2012 carried out our first webinar training sessions.
- **Health Professional Advisers** – 23 Medical Advisers support the production of Crohn's and Colitis UK publications by being part of the Editorial Board, commenting on draft documents and signing-off publications in terms of their medical content. Approximately 200 Health Professionals support the Charities Local Groups as health professional advisors. They support the organising teams of the Groups by speaking at educational meetings, finding speakers, checking IBD related articles for the Group's local newsletter. Health professionals also helped us deliver the Local Grant Policy and provide guidance for what Local Grant money should be spent on.
- **Family Days** - In 2012 we held 5 events which took place across the UK aimed specifically for families. We held the first nationally and locally organised Family Day in Northern Ireland. Approximately 500 people benefitted by meeting others in a similar situation and sharing experiences.
- **Trustees** – The Trustees support the charity not just in their governance role, but also by taking part in many of the various activities of the charity, attending Group meetings, awareness and fundraising events, supporting our Public Affairs work and representing the charity on external groups and events.
- **National Walks** - During 2012 National Walks took place in London, York, and Rutland. The walks raise awareness and funds for the Charity. They also enable members, friends and families to get involved either as walkers or volunteers. The London Walk saw 556 (385) participants walking with 96 (61) volunteers supporting the walk; York Walk had 298 (338) participants and 57 (45) volunteers supporting and Rutland Walk and Cycle Ride saw 297 (228) participants. The Rutland Walk was delivered by local Groups (Leicester and Rutland; Nottinghamshire and Northamptonshire) volunteering alongside the charities staff. The outcomes of the walk have helped define what in future will be a national walk.

## Raising Funds

- **Local Groups** - help raise funds by putting on events e.g. walks; balls; collecting funds at Supermarkets; holding raffles.
- **2012 Annual Appeal** – The annual Appeal to help the charity's work supporting and protecting IBD patient services resulted in gifts totally £7,253.
- **Challenges and runs** - Despite the recession affecting the ability of individuals to raise sponsorship from family and friends, the Fundraising team worked hard to maintain and develop levels of individual fundraising supporter participation and promote sponsorship generation in national challenge events grossing income of:
  - The London Triathlon (£23,655 an increase of 63% on 2011 revenue)
  - The Edinburgh Festival (£14,122 a decrease of -17% on 2011 revenue)
  - The London 10K (£19,586 an increase of 5% on 2011 revenue)
  - The Virgin London Marathon (£109,512 an increase of 104% on 2011 revenue)
- Organisers of major events are increasing their “package” charges for places year on year. For example the Great North Run package now costs £17,835, against the income raised by participants of £63,278 in 2012. The fundraising team constantly reviews charges, searches for new challenges and runs.
- **Christmas cards** – 3,068 orders in 2012 compared to 2,598 in 2011, grossing £64,151. Average sale £14.79 compared to £15.98 in 2011. Sales of Christmas Cards were up by 18% on 2011, beating the national trend for charity cards..
- **Corporate Supporters** – Abbott, Shire, Dr Falk Pharma, Olympus Medical and Ferring Pharmaceuticals all confirmed renewal of their corporate support during 2012. The charity continued to work with other companies to secure corporate support and Vifor and Tilletts agreed to join as new corporate supporters just before the end of the year. The Charity was adopted by the Bank of England for a year in November 2012 as one of its two charities. It was also adopted as The Lord Mayor of Leeds charity and fundraising for much-needed equipment for Leeds hospitals has been pushed forward with the local group. Individual relationships continue to be developed. Abbott, in particular, worked closely with the charity during 2012, and hosted a “Lunch and Learn” at their premises, as well as funding charity representatives to attend the 2012 patient association Immune-Mediating Inflammatory Disease (IMID) Conference in London and offering staff training.
- **Skydives** – 2012 was a good year for skydives. The challenge proved very popular and by the end of the year 40 people had leapt out of aeroplanes in aid of our work. They raised the amazing amount of £21,913.98 including 5 individual skydivers raising over £1,000 each. This compared favourably with 2011 when £11,570 was raised by 30 skydivers.



- **Pyramid Boxes** – these collection boxes were launched in 2004 and have raised £48,000 to date. We are coming to the end of the 30<sup>th</sup> anniversary stock (finally!) and will launch a new collection box in 2014 for our 35<sup>th</sup> anniversary year.
- **In Memorium, Tributes and Legacies** – Regular mentions were made throughout the year of the importance of legacies and in-memoriam gifts. Legacies received in 2012 totalled £1,049,428 a significant increase over previous years. In memoriam gifts continued to be an important source of income, contributing £84,407 (£77,869). The charity's policy is that such gifts are put to Research unless otherwise requested. In addition, in Memorium and Tribute income reached £93,870.71 in 2012 as against £77,000 in 2011. The In Memorium and tribute messages are drip fed with regular features in ACTION!, the Charity's quarterly celebration magazine of its fundraising supporters.
- **Red Hot Raffle** - the charity's first Red Hot for Research raffle raised £68,376 which, once costs of £7,000 were cleared, represented an enormous contribution towards research funds. The raffle is planned to be repeated in 2013.
- **Balls** – We are still waiting to receive income of £9,322 from the Fireball Agency in respect of the Rick Parfitt jnr 2012 Rock Ball. Various events in aid of the charity were run by the McEwan family and funds dispersed through the Catherine McEwan Foundation to ourselves and to the Yorkhill Childrens Hospital in Glasgow. The family also attended a dedication of the Catherine McEwan room at the St. Albans office, in memory of their mother. They stayed to play "It's a Knockout" to boost the efforts of the toilet trolls – Crohn's and Colitis UK's home team who were led onto the field by Chief Executive, Richard Driscoll. Derek McEwan also attended the first Champions and Ambassadors lunch on the 3<sup>rd</sup> December, to advise discussion of a major ball in 2013. The first ball to be held at the Prestonfield Hotel, Edinburgh in 2012 raised almost £20,000 towards our work and is due to be repeated in 2013. Annie Swanston held another memorial ball in memory of her late husband, Ian raising £4,000 towards our work.
- **It's a Knockout** – It's a Knockout grossed over £8,541 in its third year, engaging children and adults from the St. Albans community and teams from two of our pharmaceutical Corporate Supporters, Shire (who came dressed as fairies), and Abbott (who came from France dressed as pandas).
- **Individual Supporters** – highlights for 2012 were Jan and Edwin Woodger, fundraising volunteers extraordinaire who run "Bucket and Spade" a shop in aid of our charity, 6 days a week, unpaid, in Herne Bay, Kent. Over the years they have raised over £20,000. Other highlights include Pennies from Heaven, a north London group who have raised over £63,000 for our work since 2000 and held a fundraising event at the Hampstead home of Cara Wilson and Tom Conti, which raised £2,000. Sebastien Blount, (15) not only ran the Olympic Torch through Crawley, and was featured on London Tonight proudly wearing his Crohn's and Colitis Tee shirt, but he also encouraged the parents at Trinity School in

Croyden to raise over £10,000 towards our charities work. Dr. Peter McIntyre – resplendent in his club blazer as Captain of Mid Herts Golf Club raised just under £10,000 including £5,000 from a private trust.

- **National Walks** – Walker numbers increased in both York and London, with Rutland on par with previous years, bringing in gross revenue of £72,410 compared with £51,427 in 2011. In 2012 a larger booklet was produced which not only contained the entry form but explained how the money raised would help towards our work. As a result, 458 Lead Walkers registered and 443 registered on line showing a growth in the trend of on line registrations. In all over 800 people registered to walk in 2012.
- **Trust and Foundations** – we continue to receive funding from several trusts with whom we have ongoing relationships. A report is sent to them annually to keep them engaged. In 2012, we received a gift of £15,000 from new funders, Sanofi and a gift of £10,000 from the Patient Choice Foundation.

## Increasing the membership and expanding volunteering

- **Promoting membership through hospitals** - Groups distribute approximately 5000 leaflets about Crohn's and Colitis UK and IBD to hospitals throughout the UK encouraging people to attend Local Group meetings and become members and volunteers of the Charity.
- **New members in 2012** – 3475 new members joined, including 542 aged 16-18 who benefited from our free membership scheme for young people. The charity offers free or reduced-rate membership to people who request this because of their personal circumstances and 365 benefited from this scheme in 2012.
- **Overall membership in 2012** – Taking into account new members, at the end of 2012 membership of the charity stood at 29,102.
- **Office volunteers** – The Member Involvement and Volunteering Team have one office volunteer who visits the office for one day per week to offer regular administrative support to the team.
- **Event Volunteers** – this is a new volunteer activity which started in 2012. We are currently undertaking more and more events – specifically to support national fundraising opportunities – and volunteers are required to help support these events on the day.

## Financial Report

The accounts for 2012 are in the format required by the Charity Commissioners – the Statement of Recommended Practice (SORP 2005). This calls for the classification of Crohn's and Colitis UK funds using the following terms:

**Restricted funds** – refer to income that has been specified for a particular purpose by the donor, e.g. Research and Personal Grant Funds;

**Unrestricted funds** – refer to donations, grants or other income that has not been specified for a particular purpose by the donor;

**Designated funds** – refer to unrestricted income that the Trustees have decided to allocate for specific purposes; such funds may subsequently be reallocated by the Trustees.

The figures in the following paragraphs are taken from the Consolidated Statement of Financial Activities ('the SOFA') and from the Notes to the Accounts.

### Overall position

The financial result for the year is shown in the Consolidated Statement of Financial Activities and represents the total income, expenditure and resources relating to all activities in the year, being the work of the charity at national level, local groups and the contribution from the trading company, NACC Merchandise Ltd.

In 2012 there was an overall surplus of £691,986 (2011: Surplus £171,868) due largely to the exceptionally high legacy income received.

### Funds

#### Restricted Funds

These funds have been given for specific aspects of Crohn's and Colitis UK work and cannot be utilised to respond to a shortfall in operating Income. The figures discussed in the following paragraphs are drawn from Notes 11 and 23 to the accounts.

#### Research Fund

Donations and investment income received to the national fund were £341,955 for the year. Groups fundraising activities raised an additional £11,678. Resources expended were £438,150, (2011 £432,474). The total carried forward to 2013 is £335,745, being £293,414 in the national restricted fund and £42,331 in local restricted funds. Grants awarded in 2012 for Medical Research amounted to £188,174 and Living with IBD Research totalled £199,972.

### **Welfare Fund for Personal Grants**

Grants are made by the Personal Grants Panel to individuals who have a particular need arising as a result of their inflammatory bowel disease. The maximum level of grant in 2012 was £500. Total grants were made during the year amounting to £75,337 (2011: £65,896).

Crohn's and Colitis UK received £12,448 in donations and investment income for the Personal Grants Fund (2011: £36,352).

The Trustees have transferred the sum of £71,948 from unrestricted funds to ensure that personal grants can continue at the same level in 2012. The fund carried forward to 2012 is therefore £80,000.

### **Unrestricted and designated funds**

The figures discussed in the following paragraphs are drawn from the SOFA and Notes 15 and 22 to the accounts.

Designated funds have been created to hold money set aside by the Trustees for particular purposes. These are to support projects or developments not included within the Association's normal annual budget, to cover any potential liabilities arising from the office lease, to meet the annual depreciation costs of the capital expenditure on premises and equipment, and to hold unrestricted legacy funds. (See Reserves Policy.)

The Trustees' policy is to maintain a clear distinction between ongoing expenditure, which they aim to cover from dependable sources of income, and 'one-off' projects or new developments, which are funded from special fundraising or from legacy income that may vary unpredictably from year to year.

Total unrestricted income from the combined national and Group activities was £3,012,043 (2011: £2,112,876). Expenditure was £2,222,136 (2011: £1,914,255) resulting in an operating surplus of £789,907 (2011: surplus £198,621) overall.

The total of unrestricted funds carried forward to 2013 is £2,329,997. Of this some £903,315 is held in the General Reserve Fund which covers 23 weeks operating costs.

### **Cost of generating funds.**

One indicator of a charity's efficiency is seen as the cost of generating funds as a percentage of total incoming resources. In 2012 this was 14.29% (2011: 12.89%)

## Reserves Policy

For 2012 the Trustees decided to increase the levels of reserves up to a maximum of 26 weeks. They are continuing this policy into 2013.

The charity benefits from legacies from members and supporters. These can be restricted or unrestricted and the amounts to be received in any one year are very unpredictable. The Trustees budget for £250,000 in unrestricted legacy income each year but, if possible, set aside that amount into a designated legacy holding fund at the end of each year to cover the risk that legacy income in the following year will be lower than budgeted. Once the legacy target has been reached the funds in the legacy reserve are released for investment in new projects or the development of the charity's existing activities.

## Gift Aid

The Trustees review each year how the Gift Aid reclaimed from the Inland Revenue should be allocated to the various aspects of the charities work and base their decision on what they believe to be the best interests of people living with IBD at the time. For 2012, the Trustees allocated the Gift Aid claimed from subscriptions and donations to the General, Research and Welfare Funds in the same proportion as the funds to which members directed their donations.

## Investments and property

Some £2.9m is placed in high-interest-bearing Deposit Accounts with the Bank of Scotland, Clydesdale Bank and Close Brothers.

Crohn's and Colitis UK has a 15-year lease, ending September 2015, on its first floor accommodation in St Albans, which is held in the name of NACC Nominees Ltd. The Directors of NACC Nominees Ltd are the Trustees of Crohn's and Colitis UK. In 2011, the charity took additional premises on the ground floor which will be held on an 8-year lease with a break option in 2015. An option to extend the first floor lease by an additional three years has been confirmed.

## Grant-making Policies

### Research Grants

Grants for Medical and 'Living with IBD' Research are made following nationally-publicised advertisements. Applications are considered by members of the Awards Committees, comprising academic and medical specialists as well as lay representatives. External specialist referees are asked to comment confidentially on applications. Crohn's and Colitis UK has been awarded a Certificate of Good Practice for its peer-review procedures by the Association of Medical Charities. Grants are normally made for periods of up to three years,

with reports required at annual intervals. Funds are normally set aside for the total cost of the project in the year of award. Health services Research is normally commissioned taking advice from relevant academic and health professional experts to provide peer review.

### **Personal Grants**

Personal grants are made from the Welfare Fund and are decided by a small committee of members including two Trustees. Grants are made to people on low incomes and with specific needs arising from IBD. The normal maximum grants are £300 under the general scheme and £500 under the Young Persons' Assistance scheme.

### **Local Grants**

Local Groups sometimes make grants to their local hospitals to support or enhance aspects of their provision for IBD patients. Grants have to be made according to the policy guidelines approved by the Trustees and cannot be made for items that should be NHS funded. Group grants have to be specifically approved and a matching amount given to national funds.

### **NACC Merchandise Ltd**

NACC Merchandise Ltd recorded a net operating profit for the year of £7,833 (2011: £6876). The main activity of the company continues to be the sale of Christmas Cards to members through mail order although additional merchandise items are being made available.

### **Risk Assessment**

The Trustees, with input from the Chief Executive and staff, have conducted a review of the risks to which the Charity is exposed in its ongoing activities and, in particular, the Trustees considered:

- the type of risks the charity faces;
- the level of risks which they regard as acceptable;
- the likelihood of the risks concerned materialising;
- the charity's ability to reduce the incidence and impact of risks that have been identified, and
- the costs of operating particular controls relative to the benefit obtained.

The Trustees review risks in relation to any new developments proposed and Committees and management are required to conduct at least annual reviews of the areas for which they are responsible.

## Governance

### Constitution

From 1979 to 2006 The National Association for Colitis and Crohn's Disease (NACC) was a charitable, unincorporated association registered in England and Wales under charity number 282732. The Association was governed by a revised constitution adopted on 15th April 2000 and amended at the Annual General Meeting held on 12th April 2003. In 2006 the members voted to change the constitutional status of NACC to a charitable company limited by guarantee and this came into effect at midnight on 31st December 2006. (At that time the Unincorporated Association transferred all its assets and activities to the new charity registered under the same name as charity number 1117148 and as a company registered in England number 5973370. The Unincorporated Association remained in being under the new name of the National Association for Colitis and Crohn's Disease 1979-2006 until it was removed from the Charity Commission register on 29 October 2008.) In 2009, the Articles of the Charitable Company were altered by resolution at the AGM renaming the Council of Trustees as the Board of Trustees and increasing the permissible number of co-opted advisers.

The newly incorporated charity is also registered with the Office of the Scottish Charity Regulator under Scottish charity number SC038362. In May 2010, the working name of Crohn's and Colitis UK was adopted by resolution at the AGM.

### Trustees

The constitution provides for a Board of Trustees consisting of four executive honorary officers plus not less than three and not more than eight ordinary trustees, elected at the annual general meetings of members. Members who express an interest in being nominated for election as a Trustee have a meeting with the Trustees to ensure they are aware of the responsibilities and requirements of the role before nomination takes place. Once elected individual induction is arranged according to the Trustee's experience. The Trustees have power to co-opt Advisers as non-voting members of the Board and to appoint a number of committees. A full list of Trustees and Committees is given at the end of this Report.

The Trustees are responsible for determining the aims, policies, activities and budget of Crohn's and Colitis UK. The staff led by the Chief Executive report to the Trustees. The staff are responsible for advising the Trustees and carrying through the policies and activities in accordance with the approach and budget determined by the Trustees.

## Objects

The charity's objects, as set out in its constitution, are:

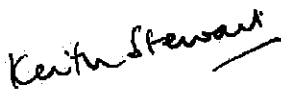
- the relief of those suffering from Ulcerative Colitis, Crohn's Disease or related inflammatory bowel diseases (together generally referred to as IBD) including the support of those who care for them;
- the promotion of the welfare of those suffering from IBD;
- the advancement of education and research into the causes, prevention, treatment and cure of IBD and improvements in the management of the conditions, and the publication of the results of such research.

The objects are fulfilled through the aims, strategies and activities expressed in the 'NACC Plan 2010-2012' and, in the furtherance of these objects, the Directors, as the charity trustees, have complied with the Charities Act 2011 to have due regard to the Charity Commission's published general and relevant sub-sector guidance concerning the operation of the public benefit requirement under that Act. It should be noted that all of the charity's services are open to non-members to use as well as members.

## Acknowledgements

The Trustees would like to record their thanks and appreciation to all those who continue to make the charity's work possible - the many people who individually or in Groups who have raised funds for Crohn's and Colitis UK, the charitable trusts and companies who have given their support, the volunteers in our Groups and support services, those who support the charity's activities or serve on our committees, our medical advisers and, not least, the Chief Executive, Senior Managers and staff at the Office in St Albans.

Approved by the Trustees and authorised to be signed by the Chairman on their behalf.



Keith Stewart, Chairman  
28<sup>th</sup> March 2013



**Board of Trustees, Officers, Senior Management Team and Committees**

From 1<sup>st</sup> January 2012 to the date of signing of this Report and Accounts, the Honorary Officers, Trustees, Senior Management Team and committee members were as follows:

**Life President**

Professor John Lennard-Jones

**Vice-Presidents**

Margaret Chandler

Rod Mitchell

Bradley Brown

Elaine Steven

**Board of Trustees - Honorary Officers**

Keith Stewart (*Chairman*)

Dr Martin Gay (*Vice-Chairman*)

Tim Mutum (*Honorary Secretary*)

Alan Thackrey (*Honorary Treasurer*)

**Board of Trustees - Elected Trustees**

Stuart Berliner

Sarah Bradley (co-opted from Sep 2012)

Denise Cann

John Clarke

Mike Hilton

Deborah Hodges

Kati Simpson

John Stanley

**Board of Trustees – Co-opted Advisers**

Professor Christine Norton

Professor David Rampton

Dr Jeremy Sanderson

Professor Chris Probert (*from March 2011*)

**Member Involvement and Volunteering Committee**

Mike Hilton (*Chairman*)

Barbara Harvey (*Vice-Chairman*)

Arron Gill

Nancy Greig

Bev Loczy

Heather Baumohl

Kathryn Pridmore

Julie Hodder (until July 2012)

Alan Thackrey

**Senior Management Team**

Richard Driscoll Chief Executive (until Dec 2012)

Heather Baumohl Dir. of Member Involvement & Volunteering

Suzi Clark Director of Marketing & Fundraising

Helen Terry Director of Information and Support

Caroline Hardy Dir. of Finance & Administration

**Information and Support Committee**

Tim Mutum (*Chairman*)

Bradley Brown

Denise Cann

Rebecca Fisher

Deborah Hodges

Judy Murphy

Prof Tim Orchard

Glenys Davies

Richard Driscoll (until December 2012)

Sarah Bradley (from July 2012)

Elizabeth Evans (from October 2012)

Helen Terry

Dr. John Hamlin (from October 2012)

**Public Affairs Committee**

Dr Martin Gay (*Chairman*)

David Barr

Mike Hilton

Kiron Kurien

Azmina Verjee

Heather Baumohl

Peter Canham

Richard Driscoll (until December 2012)

Philp Reynolds (from xxxx)

Helen Terry

**Personal Grants Panel**

Bradley Brown (*Chairman*)

Denise Cann

Melissa Fletcher

Dr Martin Gay

Stella Leigh

Julia Devereux (*Secretary*)

Helen Terry

***Crohn's and Colitis Support Managing Team***

Deborah Hodges (*Chairman*)  
 Lynne Bird (until August 2012)  
 Bruce Boyd  
 Denise Cann  
 Peri Gillespie  
 Laura Hawes  
 Samantha Edmundson  
 Elina Bloomfield  
 Helen Terry

***Marketing and Fundraising Committee***

John Stanley (*Chairman*)  
 Stuart Berliner  
 Jonathan Edwards (until December 2012)  
 Peter Foy (until December 2012)  
 Berkeley Greenwood  
 Sandra Oldfield (until December 2012)  
 Carolyn Smith  
 Liz Smith (overseas in 2012)  
 Suzi Clark  
 Richard Driscoll (until December 2012)

***Bankers***

Lloyds TSB plc  
 36 Chequer Street  
 St Albans  
 Herts AL1 3YQ

Bank of Scotland  
 Beauclerc House  
 3 Queens Road  
 Reading  
 RG1 4AR

Clydsdale Bank  
 4<sup>th</sup> Floor  
 Verulam Point  
 Station Way  
 St Albans  
 AL1 5HE

Close Brothers Treasury  
 10 Crown Plaza  
 London EC2A 4FT

***Health Professional Advisers Panel***

Dr Jeremy Sanderson (*Chairman*)  
 Professor David Rampton (*Vice-Chairman*)  
 Prof. Chris Probert (*Secretary*)

***Medical Research Awards Panel***

Professor David Rampton (*Chairman*)  
 Dr Tim Card  
 Professor John Cummings  
 Alan Dearlove  
 Dr Martin Gay  
 Dr Barney Hawthorne  
 Professor Yash Mahida  
 Bharat Odedra  
 Dr Jeremy Sanderson  
 Douglas Smallwood  
 Dr. Alison Simmons  
 Dr Andrew Stagg  
 Richard Driscoll (until December 2012)

***Living with IBD Research Awards Panel***

John Clarke (*Vice Chairman*)  
 Denise Cann  
 Dr Peter Irving  
 Dr Anna Madill (*Chairman*)  
 Lynne Marriott  
 Professor Susan McLaren  
 Professor Christine Norton  
 Dr.Sneh Shah  
 Professor Tricia Sloper  
 Dr Gillian Thomas (*Independent Peer Reviewer*)  
 Helen Terry  
 Emma Livesey

***NACC Merchandise Ltd***

Alan Thackrey (*Director*)

***Solicitors***

Bates, Wells & Braithwaite  
 2-6 Cannon Street  
 London EC4M 6YH

***Auditors***

Williamson Morton Thornton  
 Torrington House  
 47 Holywell Hill  
 St. Albans, Herts AL1 1HD

# **National Association for Colitis and Crohn's Disease**

## **Trustees' Responsibilities**

The trustees (who are also directors of Colitis and Crohn's Disease for the purposes of company law) are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice.)

Company law requires trustees to prepare financial statements for each financial year which give a true and fair view of the state of the affairs of the charitable company and the group and of the incoming resources and application of resources, including the income and expenditure, of the charitable group for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006 and the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006. They are also responsible for safeguarding the assets of the charitable company and the group and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

In so far as the trustees are aware:

- there is no relevant audit information of which the charitable company's auditor is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

# **Independent Auditors' Report to the Trustees and Members of the National Association for Colitis and Crohn's Disease**

We have audited the financial statements of National Association for Colitis & Crohn's Disease for the year ended 31st December 2012 which comprise the Consolidated Statement of Financial Activities, the Consolidated and Charity Balance Sheets and the related notes numbered 1 to 25. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

This report is made solely to the charitable company's members, as a body, in accordance with Chapter 3 of Part 16 of the Companies Act 2006; and to the charity's trustees, as a body, in accordance with Section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005, and in respect of the consolidated financial statements, in accordance with Chapter 3 of Part 8 of the Charities Act 2011. Our audit work has been undertaken so that we might state to the charitable company's members and trustees those matters which we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to any party other than the charitable company, the charitable company's members, as a body, and the charity's trustees, as a body for our audit work, for this report, or for the opinions we have formed.

## **Respective responsibilities of trustees and auditor**

As explained more fully in the Trustees' Responsibilities Statement, set out on page 26, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view.

We have been appointed as auditor under Section 44(1)(c) of the Charities and Trustee Investment (Scotland) Act 2005, the Companies Act 2006 and Section 151 of the Charities Act 2011 and report to you in accordance with regulations made under those Acts. Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

## **Scope of the audit of the financial statements**

An audit involves obtaining evidence about the amounts and disclosures in the financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the group's and the parent charitable company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the trustees; and the overall presentation of the financial statements. In addition we read all the financial and non-financial information in the Trustees annual report to identify material inconsistencies with the audited financial statements. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

## **Opinion on the financial statements**

In our opinion the financial statements:

- give a true and fair view of the state of the group's and the parent charitable company's affairs as at 31 December 2012 and of the group's incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005, regulations 6 and 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and the Charities Act 2011.

# Independent Auditors' Report to the Trustees and Members of the National Association for Colitis and Crohn's Disease

## Opinion on other matter prescribed by the Companies Act 2006

In our opinion the information given in the Trustees' Annual Report for the financial year for which the financial statements are prepared is consistent with the financial statements.

## Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006, the Charities Accounts (Scotland) Regulations 2006 (as amended) and the Charities Act 2011 require us to report to you if, in our opinion:

- the parent charitable company has not kept adequate and sufficient accounting records, or returns adequate for our audit have not been received from branches not visited by us; or
- the parent charitable company's financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit.



Elizabeth Irvine  
**Senior Statutory Auditor**  
*For and on behalf of*

30th September 2013

WMT  
Chartered Accountants  
Statutory Auditor

2nd Floor  
45 Grosvenor Road  
St Albans  
Hertfordshire  
AL1 3AW

Williamson Morton Thornton LLP is eligible to act as auditor in terms of Section 1212 of the Companies Act

**National Association for Colitis and Crohn's Disease**  
**Consolidated Statement of Financial Activities**  
**Including Income and Expenditure Account**  
**For the year ended 31st December 2012**

	Note	Unrestricted funds (inc. designated funds note 22)	Restricted funds	Total funds 2012	Total funds 2011
		£	£	£	£
<b>Incoming resources</b>					
Incoming resources from generated funds					
Voluntary income:					
Donations and similar income	2	317,957	249,643	567,600	594,632
Legacies	2a	978,457	70,971	1,049,428	529,395
Activities for generating funds	3	1,111,941	104,195	1,216,136	961,488
Investment income and interest	4	51,655	12,933	64,588	40,730
Incoming resources from charitable activities	5	552,033	184,074	736,107	644,265
<b>Total incoming resources</b>		<b>3,012,043</b>	<b>621,816</b>	<b>3,633,859</b>	<b>2,770,510</b>
<b>Resources Expended</b>					
Cost of generating funds		488,602	24,923	513,525	357,243
Charitable activities					
Grantmaking		42,069	689,643	731,712	692,335
Information line, booklets and newsletters		499,541	-	499,541	448,078
Raising awareness		221,997	-	221,997	275,379
Policy & Campaigns		133,544	5,171	138,715	142,798
Groups & volunteering		439,318	-	439,318	400,003
Membership costs		222,155	-	222,155	182,881
Governance		174,910	-	174,910	99,925
<b>Total resources expended</b>	6	<b>2,222,136</b>	<b>719,737</b>	<b>2,941,873</b>	<b>2,598,642</b>
<b>Net incoming resources before transfers/ net income/ (expenditure) for the year</b>		<b>789,907</b>	<b>(97,921)</b>	<b>691,986</b>	<b>171,868</b>
Transfers between funds	15	(132,878)	132,878	-	-
<b>Net movement in funds for the year</b>		<b>657,029</b>	<b>34,957</b>	<b>691,986</b>	<b>171,868</b>
Fund balances brought forward at 1st January 2012		1,672,968	657,963	2,330,931	2,159,063
<b>Fund balances carried forward at 31st December 2012</b>		<b>2,329,997</b>	<b>692,920</b>	<b>3,022,917</b>	<b>2,330,931</b>
		Note 22	Note 23		

All gains and losses arising in the year are included in the Statement of Financial Activities and arise from continuing operations.

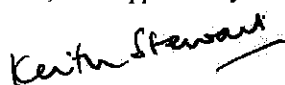
The net incoming resources of the Charitable Company for the period was £685,769 (2011 : 163,376).

# National Association for Colitis and Crohn's Disease

## Balance Sheets at 31st December 2012

	Note	Group*		Charity	
		2012 £	2011	2012 £	2011
<b>Fixed assets</b>					
Tangible assets	16	146,289	148,432	146,289	148,432
Investment	17	-	-	1	1
		<u>146,289</u>	<u>148,432</u>	<u>146,290</u>	<u>148,433</u>
<b>Current assets</b>					
Stock of goods for resale		38,629	31,922	-	-
Debtors	18	252,676	264,550	299,255	312,706
Cash at bank and in hand	19	3,767,922	3,069,481	3,729,285	3,036,233
		<u>4,059,227</u>	<u>3,365,953</u>	<u>4,028,540</u>	<u>3,348,939</u>
<b>Creditors: amounts falling due within one year</b>	20	<u>(995,746)</u>	<u>(949,731)</u>	<u>(982,203)</u>	<u>(943,644)</u>
<b>Net current assets</b>		<u>3,063,481</u>	<u>2,416,222</u>	<u>3,046,337</u>	<u>2,405,295</u>
<b>Total assets less current liabilities</b>		<u>3,209,770</u>	<u>2,564,654</u>	<u>3,192,627</u>	<u>2,553,728</u>
<b>Creditors: amounts falling due After one year</b>	20	<u>(186,853)</u>	<u>(233,723)</u>	<u>(186,853)</u>	<u>(233,723)</u>
<b>Total net assets</b>		<u><u>3,022,917</u></u>	<u><u>2,330,931</u></u>	<u><u>3,005,774</u></u>	<u><u>2,320,005</u></u>
<b>Funds</b>					
<b>Unrestricted funds</b>	22				
Designated funds held nationally		1,262,507	730,347	1,262,507	730,347
General Reserve Fund held nationally		903,315	820,000	903,315	820,000
Unrestricted funds held by Groups		147,032	111,695	147,032	111,695
Non charitable trading funds		17,143	10,926	-	-
<b>Total unrestricted funds</b>		<u>2,329,997</u>	<u>1,672,968</u>	<u>2,312,854</u>	<u>1,662,042</u>
<b>Restricted funds</b>	23				
Held nationally		543,486	513,651	543,486	513,651
Held by Local Groups		149,434	144,312	149,434	144,312
<b>Total restricted funds</b>		<u>692,920</u>	<u>657,963</u>	<u>692,920</u>	<u>657,963</u>
<b>Total funds</b>		<u><u>3,022,917</u></u>	<u><u>2,330,931</u></u>	<u><u>3,005,774</u></u>	<u><u>2,320,005</u></u>

The accounts, which comprise the consolidated statement of financial activities, the balance sheets and the related notes, were approved by the Board of Trustees on 28 March 2013 by:



Keith Stewart

Chairman

Company Number : 05973370  
 English Charity Number : 01117148  
 Scottish Charity Number : SC038632

\*Group represents the consolidation of the charity with its trading company.

# **National Association for Colitis and Crohn's Disease**

## **Notes to the Accounts**

### **For the year ended 31st December 2012**

#### **1 Accounting policies**

##### **Basis of accounting**

The accounts have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice for Charities "Accounting and Reporting by Charities" (2005), the Companies Act 2006, the Charities and Trustee Investment (Scotland) Act 2005 and applicable accounting standards.

##### **Group financial statements**

These financial statements consolidate the results of the charity and its wholly owned trading subsidiary NACC Merchandise Limited, on a line by line basis. A separate statement of financial activities (SOFA) is not presented because the charity has taken advantage of the provisions of paragraph 397 of the SORP.

##### **Local Groups**

The charity had 70 local groups that were active to some degree during the year. All active groups are required to make returns of income and expenditure for the year which are consolidated in the financial statements. By the nature of the charity, however, the deadline for returns to be received cannot always be met which means that some results are omitted, and some groups are inactive. Returns had not been received from 1 of the groups at the time of the audit.

##### **Income**

- i) All income is included in the accounts without netting off expenditure
- ii) Members' subscriptions are taken to income in full in the year of receipt.
- iii) Investment income is taken to income when received and then allocated annually to the various funds in proportion to their average balance throughout the year.
- iv) Donations received are treated as unrestricted funds unless they are specifically designated by the donor for either research or the welfare of sufferers, in which cases they are kept in the separate funds. All donations received "in memory" are treated as research unless the donor specifies otherwise.
- v) Legacies are included in the financial statements as soon as their receipt can be anticipated with a high degree of certainty. This frequently coincides with the funds being received.

##### **Expenditure**

- i) Expenditure is charged on an accruals basis.
- ii) The full cost of booklets, leaflets etc. is charged in the year the expenditure is incurred.
- iii) Research grants are charged to expenditure at the time they are allocated.

Grants are allocated to cover the cost of equipment and/or the salaries of research staff.

The majority of grants, which can be for more than one year, are paid quarterly in arrears. For administrative reasons it can take some time for the grantee to appoint suitable staff and consequently some grants may remain partly unpaid at the year end.

Full provision is made for amounts allocated but not yet paid and this provision is shown as a creditor falling due within one year and after one year.

- iv) The majority of costs are directly attributable to specific activities. Costs incurred in respect of the charitable activities include elements of staff costs and attributable support costs.
- v) Support costs are those costs which are common to all areas of the organisation including premises and office operating costs. These are allocated across all areas of activity on the basis of staff time spent on each activity.
- vi) Governance costs include both the direct costs of the charity meeting its statutory obligations and a portion of officer and overhead time spent on the strategic direction of the organisation and compliance with constitutional and statutory requirements.
- vii) Irrecoverable VAT has been analysed and apportioned across the costs to which it relates.



**National Association for Colitis and Crohn's Disease**  
**Notes to the Accounts**  
**For the year ended 31st December 2012 (continued)**

**1 Accounting policies (continued)**

**Stocks**

Stocks of goods for resale are valued at the lower of cost and net realisable value.

**Capitalisation and depreciation of tangible fixed assets**

All assets costing more than £1,000 are capitalised at the cost to the charity.

With the exception of leasehold improvements, depreciation is provided in respect of fixed assets at a rate of 25% per year which rate it is believed fairly reflects the average estimated life of the charity's assets. Leasehold improvements are depreciated over the life of the lease.

**Fixed asset investments**

Fixed asset investments are included at market value at the balance sheet date. Any gain or loss on revaluation is taken to the SOFA.

**Pension Contributions**

The charity makes contributions for employees to a group personal pension scheme. This is a defined contribution scheme to which the Association makes employer's contributions of 8% of gross pay. Where employees prefer to maintain their personal pension schemes similar employer contributions are made. Outstanding contributions to the scheme at 31st December 2012 amounted to £5,250 these are included in creditors.

**Funds Accounting**

Funds held by the charity are:

*Unrestricted general funds* - these are funds which can be used in accordance with the charitable objects at the discretion of the trustees.

*Designated funds* - these are funds set aside by the trustees out of unrestricted general funds for specific future purposes in accordance with the development plans of the organisation and to enable the completion of existing projects.

*Restricted funds* - these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular purposes.

These funds are further divided between those held Nationally and those held by Local Groups. Further explanation of the nature and purpose of each fund is included in the notes to the accounts.

**Operating leases**

Rentals applicable to operating leases where substantially all the benefits and risks of ownership remain with the lessor are charged to the SOFA as they arise.

**2 Donations, and similar incoming resources**

	<b>2012</b>	<b>2011</b>
	£	£
Donations from members	134,425	94,008
Donations to Local Groups	92,367	97,714
Other donations (in memoriam, payroll, gift aid))	340,808	402,910
	<u>567,600</u>	<u>594,632</u>

**2a Legacies**

	<b>2012</b>	<b>2011</b>
	£	£
Research	70,971	147,229
Welfare	-	10,000
Designated	978,457	372,166
	<u>1,049,428</u>	<u>529,395</u>

**National Association for Colitis and Crohn's Disease**  
**Notes to the Accounts**  
**For the year ended 31st December 2012 (continued)**

<b>3</b>	<b>Income from activities for generating funds</b>	<b>2012</b>	<b>2011</b>		
		<b>£</b>	<b>£</b>		
	National fundraising	1,008,224	769,170		
	Local groups' fundraising	135,249	104,368		
	External turnover of trading subsidiary	63,609	81,186		
	Other income	9,054	6,764		
		<u>1,216,136</u>	<u>961,488</u>		
<b>4</b>	<b>Investment income and interest</b>	<b>2012</b>	<b>2011</b>		
		<b>£</b>	<b>£</b>		
	Other Interest:				
	Charity	64,371	40,721		
	Local Groups	206	-		
	Trading subsidiary	11	9		
		<u>64,588</u>	<u>40,730</u>		
<b>5</b>	<b>Income from activities in furtherance of the objects</b>	<b>2012</b>	<b>2011</b>		
		<b>£</b>	<b>£</b>		
	Subscriptions	413,610	410,438		
	Other Grants	322,497	233,827		
		<u>736,107</u>	<u>644,265</u>		
<b>6</b>	<b>Resources Expended</b>				
		<b>Direct staff</b>	<b>Other direct</b>	<b>Support</b>	<b>Total</b>
		<b>costs</b>	<b>costs</b>	<b>costs</b>	<b>2012</b>
		<b>£</b>	<b>£</b>	<b>£</b>	<b>£</b>
	Cost of generating funds (note 9)	163,524	290,298	59,703	513,525
	Charitable activities				
	Grantmaking (note 11)	34,271	686,520	10,921	731,712
	Information line, booklets and newsletters	234,155	190,602	74,784	499,541
	Raising awareness	64,251	137,222	20,524	221,997
	Policy & Campaigns	62,938	55,661	20,116	138,715
	Groups & volunteering	235,788	28,306	75,318	439,318
	Membership costs	102,551	86,841	32,763	222,155
	Governance (note 12)	85,091	62,642	27,177	174,910
		<u>982,569</u>	<u>1,538,092</u>	<u>321,306</u>	<u>2,941,873</u>
		(note 7)		(note 8)	
					<u>2,598,642</u>

**National Association for Colitis and Crohn's Disease**  
**Notes to the Accounts**  
**For the year ended 31st December 2012 (continued)**

<b>7 Staff costs</b>	<b>2012</b>	<b>2011</b>
	<b>£</b>	<b>£</b>
Wages and salaries	901,381	753,388
Social security costs	84,303	72,914
Pension costs	27,524	40,482
	<u>1,013,208</u>	<u>866,784</u>

The average number of staff and the allocation of their time was:

	No.	No.
Charitable activities		
Direct	21.63	20.40
Support	1.37	1.05
Governance	1.60	0.15
Cost of generating funds	6.40	6.40
	<u>31.00</u>	<u>28.00</u>

One member of staff was paid more than £60,000 in the year (2011: one)  
Pension contributions in respect of this staff member totalled £5,244

<b>8 Support Costs</b>	<b>2012</b>	<b>2011</b>
	<b>£</b>	<b>£</b>
Other staff related costs	36,610	21,404
Premises costs	120,636	118,951
Office operating costs	144,189	128,672
Other costs	19,871	10,048
	<u>321,306</u>	<u>279,075</u>

Included in support costs are the following:

Depreciation	51,398	39,226
Property rental	58,535	50,919

Support costs are allocated across the activity areas of the charity on the basis of direct staff time related to that activity.

<b>9 Direct cost of generating funds</b>	<b>2012</b>	<b>2011</b>
	<b>£</b>	<b>£</b>
External costs of Trading Subsidiary	57,403	63,595
National fundraising direct costs	207,090	155,434
Local Groups' fundraising	25,805	16,396
	<u>290,298</u>	<u>235,425</u>

**National Association for Colitis and Crohn's Disease**  
**Notes to the Accounts**  
**For the year ended 31st December 2012 (continued)**

**10 Trading Subsidiary**

The charity has a wholly owned trading subsidiary NACC Merchandise Limited, a company incorporated in England & Wales. The company sells Christmas cards and other products. The company gift aids its taxable profits to the charity. A summary of the trading results of the company is shown below. Audited accounts have been filed with the Registrar of Companies.

	2012	2011
	£	£
<b>Profit and loss account</b>		
Turnover	80,503	81,186
Cost of sales	<u>(43,458)</u>	<u>(40,705)</u>
Gross profit	37,045	40,481
Distribution costs	(14,745)	(16,489)
Administrative expenses	(14,478)	(8,017)
Interest receivable	<u>11</u>	<u>9</u>
Net Profit/(loss) on ordinary activities	7,833	15,984
Amount gift aided to Colitis & Crohn's UK	<u>(7,000)</u>	<u>(9,108)</u>
	833	6,876
Retained profit brought forward	<u>9,310</u>	<u>2,434</u>
Retained profit carried forward	<u><u>10,143</u></u>	<u><u>9,310</u></u>

**11 Grant making direct costs**

	2012	2011
	£	£
Grant making direct costs comprise:		
<b>Grants made</b>		
Personal grants	75,337	65,896
Medical research	188,024	187,939
Living with IBD research	199,972	209,949
IBD Health Services	-	14,492
Grant liabilities written back	-	(8,653)
Other - Groups and volunteering	<u>71,898</u>	<u>60,553</u>
	535,232	530,176
<b>Direct costs of grant making process</b>	<u>196,480</u>	<u>117,412</u>
	<u><u>731,712</u></u>	<u><u>647,588</u></u>

**Personal grants**

Grants are made to individual people who have a particular need arising as a result of their inflammatory bowel disease. 237 grants were made in the year totalling £75,337 (2011: £65,896).

**Research grants**

Grants are awarded by Crohn's and Colitis UK Research Committees to fund research projects that have been approved by peer review. Grants may be for equipment, consumables or salaries. The institutions to which grants were paid in 2012 are listed below. Crohn's and Colitis UK does not contribute to the overhead costs of such institutions.

	2012
	£
<b>Medical research</b>	
University of Edinburgh	32,000
University of Oxford	45,070
University of Liverpool	50,993
Guy's & St Thomas's Trust	<u>59,961</u>
	<u><u>188,024</u></u>

**Other grants**

Local Groups raised funds for local hospital projects to which grants totalling £17,257 were made.

**National Association for Colitis and Crohn's Disease**  
**Notes to the Accounts**  
**For the year ended 31st December 2012 (continued)**

<b>11</b>	Continued		<b>2012</b>
	<b>Social &amp; Psychological Research</b>		<b>£</b>
	Social Policy Research, University of York		79,973
	Dept of Psychology, University of Sheffield		65,000
	Nottingham University Hospital		54,999
			<u>199,972</u>

**IBD Health Services**

No grants were awarded in 2012

<b>12</b>	<b>Governance direct costs</b>	<b>2012</b>	<b>2011</b>
		<b>£</b>	<b>£</b>
	Auditors' remuneration - current year	13,008	13,050
	Other fees paid to auditors	650	6,209
	Legal and professional expenses	5,742	6,620
	Meetings and trustee expenses	7,028	6,953
	Other expenses	36,214	19,378
		<u>62,642</u>	<u>52,210</u>

**13 Transactions with trustees**

No trustee received any remuneration for their services as a trustee.

A total of £8,862 (2011 - £6,953) was reimbursed to 11 (2011 - 12) trustees in respect of travelling expenses and other costs incurred in carrying out their responsibilities as trustees.

**14 Operating Leases**

At 31st December 2012 the group had annual commitments under non-cancellable leases as follows:-

	Equipment	Land and Buildings	Equipment	Land and Buildings
	2012	2012	2011	2011
	£	£	£	£
Due between two and five years	<u>6,712</u>	<u>58,067</u>	<u>6,132</u>	<u>58,067</u>

**15 Transfers**

Transfers are made for a variety of reasons, between types of funds and between national and Local Groups, the note below illustrates these:

	Unrestricted Funds	Designated Funds	Restricted Funds	Total
	£	£	£	£
<b>National</b>				
Transfers between national funds	(32,878)	-	32,878	-
Transfers from Local Groups' funds	58,715	-	23,465	82,180
Transfers (from)/to designated funds	341,690	(441,690)	100,000	-
Total national funds	<u>367,527</u>	<u>(441,690)</u>	<u>156,343</u>	<u>82,180</u>
<b>Local Groups</b>				
Transfers from national funds	-	-	-	-
Transfers between Local Groups' funds	-	-	-	-
Transfers to national funds	(58,715)	-	(23,465)	(82,180)
Total Local Groups' funds	<u>(58,715)</u>	<u>-</u>	<u>(23,465)</u>	<u>(82,180)</u>
<b>Total funds</b>	<u>308,812</u>	<u>(441,690)</u>	<u>132,878</u>	<u>-</u>
	(note 22)	(note 22)	(note 23)	

**National Association for Colitis and Crohn's Disease**  
**Notes to the Accounts**  
**For the year ended 31st December 2012 (continued)**

**16 Fixed assets**

All assets held for use by the charity.

<b>Charity</b>	<b>Leasehold premises £</b>	<b>Equipment and furniture £</b>	<b>Local Groups £</b>	<b>Total £</b>
<b>Cost</b>				
Brought forward 1st January 2012	280,706	110,510	-	391,216
Additions	3,960	45,295	-	49,255
Disposals	-	(3,605)	-	(3,605)
Carried forward at 31st December 2012	<u>284,666</u>	<u>152,200</u>	-	<u>436,866</u>
<b>Depreciation</b>				
Brought forward 1st January 2012	155,602	87,182	-	242,784
Charge for the year	31,021	20,377	-	51,398
Disposals	-	(3,605)	-	(3,605)
Carried forward 31st December 2012	<u>186,623</u>	<u>103,954</u>	-	<u>290,577</u>
<b>Net book value</b>				
At 31st December 2012	<u>98,043</u>	<u>48,246</u>	-	<u>146,289</u>
At 31st December 2011	<u>125,104</u>	<u>23,328</u>	-	<u>148,432</u>
<b>Group*</b>				
<b>Cost</b>				
Brought forward 1st January 2012	280,706	110,510	-	391,216
Additions	3,960	45,295	-	49,255
Disposals	-	(3,605)	-	(3,605)
Carried forward at 31st December 2012	<u>284,666</u>	<u>152,200</u>	-	<u>436,866</u>
<b>Depreciation</b>				
Brought forward 1st January 2012	155,602	87,182	-	242,784
Charge for the year	31,021	20,377	-	51,398
Disposals	-	(3,605)	-	(3,605)
Carried forward 31st December 2012	<u>186,623</u>	<u>103,954</u>	-	<u>290,577</u>
<b>Net book value</b>				
At 31st December 2012	<u>98,043</u>	<u>48,246</u>	-	<u>146,289</u>
At 31st December 2011	<u>125,104</u>	<u>23,328</u>	-	<u>148,432</u>

\*Group represents the consolidation of the charity with its trading company.

# National Association for Colitis and Crohn's Disease

## Notes to the Accounts

For the year ended 31st December 2012

(continued)

17 Investments	Group		Charity	
	2012 £	2011 £	2012 £	2011 £
Investment in subsidiary				
Cost at 31st December 2012 and 2011	-	-	1	1
	<u>-</u>	<u>-</u>	<u>1</u>	<u>1</u>
18 Debtors	Group		Charity	
	2012 £	2011 £	2012 £	2011 £
<b>All amounts fall due within one year</b>				
Balance with trading subsidiary	-	-	56,709	57,465
Prepayments	36,492	75,689	36,492	75,689
Tax recoverable	21,978	72,682	21,978	72,682
Other debtors	56,885	81,946	46,755	67,290
Accrued income	137,321	34,233	137,321	39,580
	<u>252,676</u>	<u>264,550</u>	<u>299,255</u>	<u>312,706</u>
19 Analysis of cash at bank and in hand	Group		Charity	
	2012 £	2011 £	2012 £	2011 £
Current accounts and cash balances	533,353	131,338	494,716	131,238
Interest-bearing account balances	2,946,221	2,691,119	2,946,221	2,657,971
Local Groups	288,348	247,024	288,348	247,024
	<u>3,767,922</u>	<u>3,069,481</u>	<u>3,729,285</u>	<u>3,036,233</u>
20 Creditors: amounts falling due within one year	Group		Charity	
	2012 £	2011 £	2012 £	2011 £
Unpaid balances of research grants	699,068	673,941	699,068	673,941
Trade creditors	89,876	101,776	89,191	97,902
Social security and other taxes	33,280	22,783	33,280	22,783
Other creditors	31,118	13,725	18,260	13,725
Accruals and deferred income	142,404	137,506	142,404	135,293
	<u>995,746</u>	<u>949,731</u>	<u>982,203</u>	<u>943,644</u>
Creditors: amounts falling due after one year	Group		Charity	
	2012 £	2011 £	2012 £	2011 £
Unpaid balances of research funds	186,853	233,723	186,853	233,723

## 21 Capital commitments

At 31st December 2012 the charity had capital commitments of £nil (2011: £nil)

**National Association for Colitis and Crohn's Disease**  
**Notes to the Accounts**  
**For the year ended 31st December 2012**  
**(continued)**

22 Unrestricted funds		Brought forward	Incoming resources	Resources expended	Transfers	Carried forward
		£	£	£	£	£
<b>Designated funds</b>						
Contractual liabilities	(a)	60,000	-	-	-	60,000
Legacy Reserve Fund	(c)	267,624	978,458	-	(300,000)	946,082
Heyman Fund	(b)	104,207	1,563	(6,171)	-	99,599
Fixed assets	(d)	48,516	-	-	(41,690)	6,826
Legacy project for young people with IBD	(f)	150,000	-	-	-	150,000
Research Grants	(g)	100,000	-	-	(100,000)	-
Designated total		<u>730,347</u>	<u>980,021</u>	<u>(6,171)</u>	<u>(441,690)</u>	<u>1,262,507</u>
<b>Other unrestricted funds</b>						
General Reserve Fund held nationally		820,000	1,823,918	(2,108,130)	367,527	903,315
Non charitable trading funds		10,926	63,620	(57,403)	-	17,143
Local Groups		111,695	144,484	(50,432)	(58,715)	147,032
		<u>942,621</u>	<u>2,032,022</u>	<u>(2,215,965)</u>	<u>308,812</u>	<u>1,067,490</u>
<b>Total</b>		<u><u>1,672,968</u></u>	<u><u>3,012,043</u></u>	<u><u>(2,222,136)</u></u>	<u><u>(132,878)</u></u>	<u><u>2,329,997</u></u>

- (a) The contractual liabilities fund was established to ensure funds are available to meet any potential lease liabilities
- (b) The Heyman Fund has been established from a legacy to act as an expendable endowment for the development of specialist nursing for IBD. An allocation will be made to the fund each year of a portion of interest earned.
- (c) The Legacy Reserve Fund was established to underwrite the amount of legacy income budgeted for in the following year. The surplus each year is allocated to specific purposes by the Trustees.
- (d) The fixed asset fund represents sums set aside for the purchase of fixed assets and is written off in line with the depreciation charge for the assets acquired.
- (f) An unrestricted legacy was designated by the Trustees to fund extra support for young people who have IBD.
- (g) The Trustees have designated funds from the Legacy Reserve Fund to increase the amount available for research in 2012.



# National Association for Colitis and Crohn's Disease

## Notes to the Accounts

For the year ended 31st December 2012

(continued)

23 Restricted funds	Brought forward	Incoming resources	Resources expended*	Transfers	Carried forward
	£	£	£	£	£
<b>National</b>					
Research	266,144	341,955	(438,150)	123,465	293,414
Welfare (personal grants)	80,000	12,448	(84,394)	71,948	80,002
Development of health services in Scotland	21,500	-	(5,171)	-	16,329
Big Lottery Fatigue Project	-	184,074	(137,270)	-	46,804
Sidney Hulin Legacy	20,000	-	-	-	20,000
Catherine McEwan Fund for Scotland	14,070	-	-	(14,070)	-
RPJ Crohn's Foundation Fund	82,451	-	-	-	82,451
Website Development 2012	25,000	-	-	(25,000)	-
Smilie's network	4,486	-	-	-	4,486
<b>Total restricted funds held nationally</b>	<b>513,651</b>	<b>538,477</b>	<b>(664,985)</b>	<b>156,343</b>	<b>543,486</b>
<b>Local Groups</b>					
Research	46,138	11,678	-	(15,485)	42,331
Welfare	1,222	1,580	-	(3,480)	(678)
Local projects	96,952	70,081	(54,752)	(4,500)	107,781
<b>Total restricted funds held by Local Groups</b>	<b>144,312</b>	<b>83,339</b>	<b>(54,752)</b>	<b>(23,465)</b>	<b>149,434</b>
	<b>657,963</b>	<b>621,816</b>	<b>(719,737)</b>	<b>132,878</b>	<b>692,920</b>

Each fund is used for the purpose its name defines except that the Sidney Hulin Fund is to be used for a specific project in the name of the donor.

## 24 Analysis of charity net assets between funds

	Unrestricted		Restricted		Total
	Local Groups	National	Local Groups	National	
	£	£	£	£	£
Fund balances at 31st December 2012 are represented by:					
Tangible fixed assets	-	146,289	-	-	146,289
Investments	-	-	-	-	-
Current assets	147,032	2,443,100	149,434	1,319,661	4,059,227
Current liabilities	-	(406,424)	-	(589,322)	(995,746)
Long term liabilities	-	-	-	(186,853)	(186,853)
	<b>147,032</b>	<b>2,182,965</b>	<b>149,434</b>	<b>543,486</b>	<b>3,022,917</b>

## 25 Related Party

A company, NACC Nominees Limited, has been formed to hold the lease of the offices occupied by the charity. This position was made necessary because of the unincorporated status of the charity. The directors of NACC Nominees Limited are the trustees of the charity. The obligations arising under the lease are being met by the charity and the designated fund previously established to meet contractual liabilities remains.